

Klasse	Navn	Tid løp	Tid renn	SumTid
FHM	Gisholt Håkon	1:55:13	4:47:04	06:42:17
FHM	Henriksen Rainer	2:13:56	4:44:04	06:58:00
K16	Mo Emilie	1:24:35	3:43:20	05:07:54
K16	Berntsen Annette	1:36:27	3:51:55	05:28:22
K16	Heramb Liv Tone	1:48:18	4:01:36	05:49:53
K16	Våge Silje Marie	1:42:20	4:15:17	05:57:37
K16	Noren Lotte Sølvberg	1:53:23	4:14:05	06:07:28
K16	Myklemyr Lotte	1:55:24	4:25:20	06:20:44
K16	Andersen Henriette	2:02:58	4:29:21	06:32:19
K16	Berntsen Celine Roos	2:14:44	4:35:55	06:50:39
K16	Waalder Linn Mei	2:13:29	4:43:07	06:56:36
K16	Wølneberg Ingrid Marie	2:10:40	4:46:13	06:56:53
K18	Norli Vera	1:31:03	3:21:33	04:52:36
K18	Granøien Tuva Ertzaas	1:38:14	3:28:06	05:06:20
K18	Håkonsen Karen Marie	1:32:57	3:35:28	05:08:24
K18	Skogsholm Franziska	1:41:57	3:34:41	05:16:38
K18	Bergersen Mathilde Bangstad	1:49:54	3:56:19	05:46:13
K18	Hågå Margit	1:41:38	4:13:28	05:55:06
K18	Sedeniussen Sandra	1:51:13	4:08:30	05:59:43
K18	Sveen Marit	2:06:11	3:56:41	06:02:52
K18	Wiest Heidi Therese	1:56:41	4:08:02	06:04:43
K18	Kielland Åsta Sørensen	1:54:52	4:15:18	06:10:10
K18	Claussen Mina	1:55:17	4:23:53	06:19:10
K18	Torsteinsen Eira	1:55:17	4:23:54	06:19:11
K20	Bjørnsgaard Marthe	1:25:40	2:56:03	04:21:43
K20	Fredriksen Ingerid	1:34:30	3:28:29	05:02:58
K20	Øren Karoline Bye	1:36:26	3:28:53	05:05:19
K20	Østensen Siri	1:38:59	3:42:15	05:21:14
K20	Karsrud Kristine Alm	1:44:25	3:39:01	05:23:25
K20	Skaug Marte	1:53:18	3:30:34	05:23:52
K20	Govasmak Mia	1:50:30	3:48:18	05:38:48
K20	Slokvik Martine	2:00:04	3:39:03	05:39:07
K20	Sørumshaugen Ingrid	1:46:05	4:01:41	05:47:46
K20	Flaagen Julie Sønsteby	1:46:29	4:02:59	05:49:28
K20	Lundstein Gine	1:51:41	4:04:35	05:56:16
K20	Læggran Astrid	1:52:20	4:08:05	06:00:25
K20	Hagen Emilie Johanne	2:02:49	4:46:53	06:49:42
K20	Schiellerup Ditte Marie	2:02:24	5:01:45	07:04:09
K20	Hovsengen Oda Emilie	2:09:20	6:01:58	08:11:18
K20	Kaatorp Johanne	2:22:14	7:21:56	09:44:10
K20	Korneliussen Hanne	2:23:06	7:26:43	09:49:49
K25	Nydal Britt Ingunn Moian	1:32:51	3:15:30	04:48:21
K25	Hagen Elise Rivenes	1:45:14	3:43:15	05:28:28
K25	Didriksen Gina	1:38:20	4:02:52	05:41:12
K25	Åstebøl Martine	1:52:33	3:50:37	05:43:10
K25	Klevmoen Marita	1:53:23	3:56:43	05:50:06
K25	Lian Anne Cecilie	1:48:26	4:22:46	06:11:12
K25	Bazilchuk Molly	1:39:01	4:33:14	06:12:14
K25	Engelund Signe Rismyhr	1:46:51	4:27:33	06:14:24

K25	Berven Ina	1:42:28	4:31:57	06:14:25
K25	Bolstad Silje Marie	1:54:14	4:20:11	06:14:25
K25	Andersen Cathrine	1:45:42	4:31:34	06:17:16
K25	Holstad Sivertsen Sunniva	1:53:51	4:43:42	06:37:33
K25	Solberg Tone	1:57:48	4:41:09	06:38:57
K25	Garthus Marte Møller	1:52:34	4:54:45	06:47:19
K25	Trollebø Inger Helene	1:58:51	4:50:53	06:49:44
K25	Larsen Martha	1:57:26	4:57:21	06:54:47
K25	Thue Hanne	2:03:58	4:52:22	06:56:20
K25	Lome Kristin Brandtsegg	1:50:43	5:06:18	06:57:01
K25	Berg Marianne Stange	2:06:49	5:02:03	07:08:52
K25	Kolstø Ellen Ingeborg	1:58:33	5:30:27	07:29:00
K25	Stonor Kristin	2:18:10	5:20:26	07:38:36
K25	Norderhaug Caroline	2:24:00	5:47:43	08:11:43
K25	Bergseng Karoline	2:19:50	5:54:19	08:14:09
K25	Broderstad Benedicte	2:07:58	7:26:36	09:34:34
K25	Skagestad Hanne	2:11:47	7:30:31	09:42:18
K25	Johansen Ingrid Karin Fjørtoft	2:50:54	6:58:07	09:49:01
K25	Talberg Karoline	2:35:59	7:27:51	10:03:50
K25	Marthinsen Monika	2:48:00	7:36:19	10:24:19
K30	Karset Marthe Kristine Hafsaahl	1:30:41	3:02:39	04:33:20
K30	Haugen Stine	1:43:10	3:39:54	05:23:03
K30	Fannemel Eline	1:41:01	3:48:31	05:29:32
K30	Welo Cecilie	1:51:37	3:58:50	05:50:27
K30	Hov Maren Ranhoff	1:48:41	4:07:33	05:56:14
K30	Lund Hanne Bakken	1:49:04	4:09:40	05:58:44
K30	Kempainen Johanna Erika	1:45:45	4:19:40	06:05:25
K30	Helsingeng Ingrid	1:53:05	4:14:53	06:07:58
K30	Larsen Ina Gerhardsen	1:48:46	4:24:00	06:12:46
K30	Solli Maja	1:56:40	4:28:56	06:25:36
K30	Thormodsen Sara	2:01:08	4:37:06	06:38:14
K30	Holtet Stine Christensen	2:05:46	4:46:15	06:52:01
K30	Bleie Anette Astrup	2:06:50	4:51:33	06:58:23
K30	Abrahamson Josefin	1:34:34	5:25:16	06:59:50
K30	Hasselknippe Pia Moan	2:15:57	5:08:16	07:24:13
K30	Kristoffersen Rita	2:10:10	5:22:55	07:33:05
K30	Haugen Mariann Børsum	2:19:08	5:41:36	08:00:44
K30	Bergsli Marte Lind	2:36:18	6:06:30	08:42:48
K30	Feragen Maren	2:53:26	5:58:44	08:52:10
K30	Dybing Eirin S.	2:55:25	7:08:38	10:04:03
K30	Iversen Silje Lied	2:50:38	7:53:52	10:44:30
K35	Holum-Jakobsen Kjersti	1:43:49	3:39:12	05:23:01
K35	Øverland Ingebjørg Fisketjønn	1:48:16	3:47:42	05:35:58
K35	Silli Ingvild Kiil	1:43:54	3:57:09	05:41:03
K35	Røstad Karine	1:47:26	4:01:19	05:48:45
K35	Løvseth Marthe Tøsse	1:50:32	4:02:50	05:53:22
K35	Johannessen Lene	2:02:01	4:00:04	06:02:05
K35	Eklund Laila	1:48:05	4:16:44	06:04:49
K35	Larsen Mona Vik	1:51:32	4:15:10	06:06:42
K35	Øvsteng Ingrid Rindal	2:02:54	4:05:38	06:08:32

K35	Nagel-Dahl Ingunn S.	1:52:01	4:20:29	06:12:30
K35	Bakken Vibeke	1:50:55	4:30:30	06:21:25
K35	Pavall Lisa	1:55:59	4:25:56	06:21:55
K35	Holm Lene Berge	1:56:03	4:40:08	06:36:11
K35	Brandsegg Johanna	1:59:55	4:38:09	06:38:04
K35	Fløttum Tone	1:50:53	4:49:04	06:39:57
K35	Lyngnes Martha	1:50:43	4:58:45	06:49:28
K35	Røken Anne Karin	2:09:08	5:09:55	07:19:03
K35	Høiby Stine	1:43:58	5:35:32	07:19:30
K35	Heskestad Ane Ingeborg	1:54:37	5:28:35	07:23:12
K35	Hagen Guro Marie Storhaug	2:03:22	5:33:04	07:36:26
K35	Hovdelien Henriette	2:03:03	5:34:42	07:37:45
K35	Johnsen Randi	1:59:20	5:50:30	07:49:50
K35	Fjær Kristin Marthinsen	2:27:05	6:28:34	08:55:39
K35	Myrheim Tine	2:19:09	6:46:37	09:05:46
K35	Egger Linn	2:21:53	6:50:42	09:12:35
K35	Glimsdal Gry	3:02:54	8:29:33	11:32:27
K40	Nordhagen Sidsel	1:47:23	3:58:43	05:46:06
K40	Lyngnes Klara	1:44:10	4:09:47	05:53:57
K40	Titland Siri	1:44:44	4:11:13	05:55:57
K40	Tronbøl Heidi	1:51:07	4:06:50	05:57:57
K40	Storhagen Hanne Monica	1:51:57	4:06:00	05:57:57
K40	Aasberg Belinda	1:52:44	4:13:49	06:06:33
K40	Moksness-Skaug Mai Torild	1:50:18	4:20:14	06:10:32
K40	Cae Monica	2:07:25	4:10:53	06:18:18
K40	Flagstad Lindsey	1:50:38	4:32:22	06:23:00
K40	Nordsveen Stine	1:43:00	4:44:04	06:27:04
K40	Adren Ida	1:59:09	4:28:55	06:28:04
K40	Lidsheim Kine	1:57:37	4:33:57	06:31:34
K40	Ingdahl Inger Marie Fintland	1:58:32	4:33:04	06:31:36
K40	Heimdahl Turid M. E.	2:00:48	4:33:14	06:34:02
K40	Kvale Rita	1:59:46	4:35:20	06:35:06
K40	Merkesdal Gry Hauge	1:49:18	4:49:35	06:38:53
K40	Hassel Christine	2:25:06	4:14:11	06:39:17
K40	Østensen Camilla Møllerløkken	1:52:24	4:50:46	06:43:10
K40	Lykke Rita	2:05:10	4:39:15	06:44:25
K40	Lie Kathrine	2:03:26	4:53:07	06:56:33
K40	Buskenes Kari	2:06:46	4:56:10	07:02:56
K40	Lied Karoline Steenbuch	1:57:58	5:06:02	07:04:00
K40	Nilsen Eilen	2:00:43	5:28:05	07:28:48
K40	Samuelsen Siv Anita	2:07:32	5:25:31	07:33:03
K40	Løkken Eivor	2:09:18	5:29:45	07:39:03
K40	Øvermo Laila	2:15:44	5:25:20	07:41:04
K40	Tobiassen Jannecke	2:20:57	5:24:14	07:45:11
K40	Olsen Stine Feiring	2:22:09	5:23:17	07:45:26
K40	Nakken Trine-Lise	2:25:38	5:25:45	07:51:23
K40	Nilsen Janne Lise	1:59:15	6:24:21	08:23:36
K40	Brænden Kristin	2:18:03	6:06:57	08:25:00
K40	Nes Katrin Lægreid	2:03:45	6:24:19	08:28:04
K40	Arnesen Camilla Opstad	1:55:15	6:35:50	08:31:05

K40	Nyhagen Toril	3:11:38	7:15:08	10:26:46
K45	Skari Hege	1:37:05	3:27:08	05:04:13
K45	Øvrebust Liv-Janne	1:36:23	3:28:59	05:05:22
K45	Ølstad Torunn	1:38:09	3:41:51	05:20:00
K45	Vegsund Brite	1:41:58	3:54:07	05:36:05
K45	Kvamme Anne-Kristin	1:47:34	4:03:28	05:51:02
K45	Vold Lisbeth	1:33:24	4:19:32	05:52:55
K45	Norheim Ane	1:49:15	4:04:43	05:53:58
K45	Skarpnord Tone	1:52:53	4:02:08	05:55:01
K45	Valla Kari-Anne Hille	1:53:31	4:05:45	05:59:16
K45	Silkoset Reidun Dahl	1:49:12	4:11:50	06:01:02
K45	Aamodt Inger Lise	2:03:01	4:01:08	06:04:09
K45	Haukland Nina	1:52:27	4:13:16	06:05:43
K45	Fæste Tora	1:54:19	4:14:25	06:08:44
K45	Løkke Hege	1:54:50	4:18:06	06:12:56
K45	Gundersen Berit K.	2:00:51	4:13:11	06:14:02
K45	Rustadbakken Ellen	1:51:18	4:27:31	06:18:49
K45	Hoelsveen Elisabeth	1:57:24	4:21:50	06:19:14
K45	Kilskar Hanne K	2:08:05	4:17:01	06:25:06
K45	Nybrenna Gunn Marit	2:08:44	4:17:51	06:26:35
K45	Rinheim Marit	1:58:06	4:29:32	06:27:38
K45	Wike Ingunn	1:58:10	4:31:45	06:29:55
K45	Stavheim Eli	2:01:37	4:28:37	06:30:14
K45	Høilund Hilde Sofie	2:02:35	4:27:43	06:30:18
K45	Grøv Nina	1:57:59	4:36:00	06:33:59
K45	Østlie Monika	2:01:15	4:33:17	06:34:32
K45	Sand Marianne Krog	2:00:56	4:36:20	06:37:16
K45	Johansen Anne Gro	2:02:31	4:39:16	06:41:47
K45	Norbye Line	2:05:40	4:36:11	06:41:51
K45	Karlsen Hege Tvette	2:12:20	4:34:28	06:46:48
K45	Rømo Gry	2:03:17	4:43:54	06:47:11
K45	Varsi Cecilie	2:15:24	4:33:47	06:49:11
K45	Opberget Hilde	2:06:48	4:46:41	06:53:29
K45	Johnson Kirsti Røshol	2:18:25	4:42:12	07:00:37
K45	Tobiassen Kari	2:06:26	5:00:11	07:06:37
K45	Høgaas Merete	2:07:04	4:59:41	07:06:45
K45	Avagian Erika	1:56:03	5:11:46	07:07:49
K45	Austrheim Stordal Kari	2:23:48	4:46:15	07:10:03
K45	Aschehoug Camilla Myrhaug	2:05:12	5:13:28	07:18:40
K45	Wibe Hanne	2:02:06	5:17:03	07:19:09
K45	Braaen Kim Cecilie	1:51:58	5:28:35	07:20:33
K45	Sundvold Hilde	1:59:52	5:22:30	07:22:22
K45	Thorslund Mette	2:19:42	5:18:46	07:38:28
K45	Unneland Gry Marian	2:06:16	5:34:55	07:41:11
K45	Austad Lisbeth	2:14:27	5:32:47	07:47:14
K45	Essen Unni Kathrine	2:16:04	5:35:37	07:51:41
K45	Nilsskog Stine	2:02:20	5:49:29	07:51:49
K45	Stølen Reidun	2:36:50	6:02:18	08:39:08
K45	Hundershagen Anne Britt	2:17:37	6:24:20	08:41:57
K45	Hauge Eva	2:29:19	6:42:11	09:11:30

K45	Johansen Rigmor	2:30:56	6:42:35	09:13:31
K45	Sloth-Fjordside Lene	2:35:55	6:49:36	09:25:31
K45	Jerijærvi Solveig	3:10:03	8:23:11	11:33:14
K50	Bolstad Ragnhild	1:53:52	3:17:37	05:11:29
K50	Moseby Unni Persson	1:51:52	3:23:23	05:15:15
K50	Øvsthus Kari	1:45:32	3:32:54	05:18:26
K50	Sund Reidun Tveit	1:52:40	3:39:20	05:32:00
K50	Lien Inger Gro	1:46:27	3:53:26	05:39:53
K50	Igland Marit	1:45:19	3:56:23	05:41:42
K50	Land Ann-Kristin	1:55:59	4:04:44	06:00:43
K50	Nordhagen Marit	2:03:00	4:01:50	06:04:50
K50	Engeland Kjersti	1:51:04	4:14:52	06:05:56
K50	Nerem Elin	1:55:38	4:11:55	06:07:33
K50	Gunnes Berit	1:53:07	4:14:51	06:07:58
K50	Eidsmo Berit Johanne	1:55:13	4:13:51	06:09:04
K50	Haug Kari-Anne	1:52:47	4:17:57	06:10:44
K50	Gløersen Brit	1:56:25	4:16:36	06:13:01
K50	Westerberg Trude Helen	1:52:33	4:23:59	06:16:32
K50	Kierulf Kaja	1:56:43	4:20:59	06:17:42
K50	Kildahl Jorun S.	2:08:01	4:12:29	06:20:30
K50	Lømo Camilla Meinich	1:56:41	4:24:36	06:21:17
K50	Moen Kristin	1:50:47	4:31:04	06:21:51
K50	Smetbak Beate	1:56:12	4:25:56	06:22:08
K50	Larsen Tove Irene	1:56:21	4:30:48	06:27:09
K50	Strømme Åse	1:59:24	4:32:24	06:31:48
K50	Stenberg Anne Marie	2:00:25	4:34:27	06:34:52
K50	Ravem Reidun	1:57:46	4:37:27	06:35:13
K50	Holt Hilde	2:00:06	4:37:43	06:37:49
K50	Skogen Aud	1:46:55	4:51:00	06:37:55
K50	Kværner Anne-Berit Jaavall	2:21:58	4:16:27	06:38:25
K50	Killengreen Marianne	2:11:27	4:30:55	06:42:22
K50	Norseng Lillann	2:16:22	4:36:00	06:52:22
K50	Sandsbraaten Marit	2:06:24	4:49:37	06:56:01
K50	Herdlevær Marte	2:08:45	4:50:48	06:59:33
K50	Husebråten Sissel	2:12:04	4:49:22	07:01:26
K50	Aaløkken Ingvild	2:07:29	4:53:59	07:01:28
K50	Saltnes Hege	1:54:48	5:07:17	07:02:05
K50	Westerberg Grete	2:02:59	5:11:56	07:14:55
K50	Håbrekke Irene	2:11:16	5:03:57	07:15:13
K50	Muri Cathrine	2:29:26	5:27:31	07:56:57
K50	Williksen Turid	2:34:26	5:22:47	07:57:13
K50	Fladager Annichen	2:27:40	5:38:00	08:05:40
K50	Rødseth Irene	2:29:42	6:30:21	09:00:03
K50	Skretting Toril Langård	2:46:10	7:00:08	09:46:18
K50	Eide Kari	2:38:35	7:17:43	09:56:18
K50	Ervik Lena	2:39:03	7:54:20	10:33:23
K55	Synnevåg Marit C.	1:42:21	3:47:13	05:29:34
K55	Hagen Anne Johnsrud	1:46:15	3:55:02	05:41:17
K55	Vidje Tove Øier	1:46:34	4:04:23	05:50:57
K55	Gullsmedmoen Åse	1:47:29	4:11:41	05:59:10

K55	Grinaker Wenche Hoel	1:56:57	4:05:05	06:02:02
K55	Karset Turid Haugen	2:02:47	4:14:28	06:17:15
K55	Dunker Elin	2:01:10	4:21:53	06:23:03
K55	Fredrikstad Marianne	1:58:40	4:27:23	06:26:03
K55	Hoggen Eli Bente	1:56:57	4:43:34	06:40:31
K55	Drake Astrid	2:06:02	4:34:55	06:40:57
K55	Noremsaune Ingse	2:11:31	4:36:41	06:48:12
K55	Telle Oddveig	1:57:16	4:56:48	06:54:04
K55	Storsveen Kerstin	2:09:43	4:47:34	06:57:17
K55	Eriksen Lisbeth	2:11:47	4:46:57	06:58:44
K55	Brun Marianne	2:06:48	5:00:44	07:07:32
K55	Steiro Ann Berit	2:11:41	4:58:21	07:10:02
K55	Smulders Cathrine Backer	2:03:31	5:17:01	07:20:32
K55	Loennechen Ina	2:28:47	4:55:36	07:24:23
K55	Tallhaug Sylvi	2:05:41	5:32:52	07:38:33
K55	Kjeilen Tove Halhjem	2:30:06	5:09:03	07:39:09
K55	Hovind Aud-Jorun	2:17:50	5:32:52	07:50:42
K55	Bø Eirill	2:32:17	5:18:32	07:50:49
K55	Egeland Anne	2:24:53	5:28:48	07:53:41
K55	Øiseth Trine	2:27:39	5:40:00	08:07:39
K55	Ørmen Tone Sverreson	2:43:39	6:35:38	09:19:17
K60	Guttormsen Turid Johnsrud	1:57:58	4:04:59	06:02:57
K60	Austgulen Marit	1:56:32	4:07:59	06:04:31
K60	Thommesen Liv	1:45:29	4:22:57	06:08:26
K60	Sand-Hanssen Wenche	1:48:52	4:31:51	06:20:43
K60	Løvaas Joan Margaretha	1:58:26	4:24:33	06:22:59
K60	Damgaard Tove	2:11:18	4:15:57	06:27:15
K60	Bjørnstad Wenche	1:59:40	4:27:40	06:27:20
K60	Hovden Åse Sandberg	2:02:47	4:28:42	06:31:29
K60	Kristiansen Inger Lise	2:00:28	4:37:52	06:38:20
K60	Engen Elisabeth Lunde	1:51:47	4:52:57	06:44:44
K60	Holth Inger	2:07:46	4:38:51	06:46:37
K60	Kjøs Irene Jonsrud	2:06:34	4:46:07	06:52:41
K60	Davies Catharina	2:10:30	4:51:38	07:02:08
K60	Kippersund Ellen Bø	2:01:15	5:28:46	07:30:01
K60	Rye Anne Søbstad	2:12:49	5:21:48	07:34:37
K60	Fekjær Tone Rud	2:08:11	5:28:30	07:36:41
K60	Bentzen Liv	2:19:36	5:27:21	07:46:57
K60	Hamnes Bente	2:15:44	5:39:12	07:54:56
K60	Eggen Marian	2:33:47	5:46:25	08:20:12
K60	Møller Randi	2:28:03	7:14:22	09:42:25
K60	Haugo Britt Neegaard	2:26:25	7:16:44	09:43:09
K65	Høyvik Berit	2:07:07	4:39:50	06:46:57
K65	Gjermstad Anne-Sofie	2:37:59	5:39:57	08:17:56
K70	Blakstad Merete	2:21:16	5:00:29	07:21:45
K70	Bertelsen Astrid Svanes	2:44:07	5:30:32	08:14:39
M16	Kirkeng Andreas	1:24:06	2:43:29	04:07:35
M16	Øiseth Simen	1:23:27	2:55:44	04:19:11
M16	Eggen Sivert	1:19:08	3:16:59	04:36:06
M16	Pedersen Sondre	1:25:48	3:12:33	04:38:21

M16	Rosvoll Torkild	1:43:58	3:16:28	05:00:26
M16	Midtenget Marcus	1:45:10	3:24:49	05:09:59
M16	Ruth Christoffer	1:34:36	3:38:27	05:13:03
M16	Norbye Marius	1:28:26	3:46:41	05:15:07
M16	Øyhaugen Ole	1:49:05	3:26:11	05:15:16
M16	Krüger Sebastian	1:37:30	3:41:24	05:18:54
M16	Hole Oskar Johan Kjellsbøl	1:29:23	3:57:12	05:26:35
M16	Trulsen Sander Maanum	1:38:29	3:52:01	05:30:30
M16	Corneliussen Christian Jøtun	1:46:48	3:57:25	05:44:13
M16	Schiller Leonard Sandløkk	1:45:08	3:59:28	05:44:36
M16	Støverud Sigvart	1:51:40	3:55:19	05:46:59
M16	Fjermedal Jørgen	1:57:26	4:25:19	06:22:45
M16	Åkre Viktor	1:54:11	5:00:20	06:54:31
M16	Thørud Aslak	2:11:27	5:06:39	07:18:06
M16	Grønli Kristian Riis	2:03:41	5:57:24	08:01:05
M18	Stokkeland Petter	1:22:54	2:42:28	04:05:22
M18	Kirkeng Ole Marius	1:19:36	2:48:01	04:07:37
M18	Bjertnæs Johannes	1:16:22	2:51:38	04:08:00
M18	Kristoffersen Patrick Fossum	1:24:28	2:47:26	04:11:54
M18	Loen Torjus	1:26:07	2:51:46	04:17:53
M18	Bjerke Ole Tobias Utne	1:23:41	2:57:05	04:20:46
M18	Flaagen Anders Sønsteby	1:27:51	2:53:04	04:20:55
M18	Vesterås Marius	1:28:15	2:59:23	04:27:38
M18	Gløersen Herman	1:26:47	3:01:12	04:27:59
M18	Myklemyr Vegard	1:20:00	3:09:26	04:29:26
M18	Mangset Even	1:26:19	3:04:33	04:30:52
M18	Nordaas Eirik	1:28:30	3:09:20	04:37:49
M18	Bjørnstad Sondre	1:34:06	3:21:07	04:55:13
M18	Berger Olav	1:41:49	3:21:19	05:03:08
M18	Hesselberg Fredrik	1:34:01	3:31:26	05:05:27
M18	Fjelldal Oskar	1:37:39	3:49:31	05:27:10
M18	Schiøtz William	2:48:11	6:14:07	09:02:18
M20	Skogsholm Vinjar	1:18:05	2:32:45	03:50:50
M20	Vesterheim Magnus	1:16:49	2:37:31	03:54:20
M20	Røer Sigurd Lund	1:22:42	2:36:04	03:58:46
M20	Aarrestad Magnus Lian	1:18:45	2:40:29	03:59:14
M20	Hamnes Vegard	1:21:34	2:40:30	04:02:04
M20	Richenberg Eirik	1:15:42	2:49:43	04:05:26
M20	Amundsen Jonas	1:23:43	2:42:40	04:06:23
M20	Sugaren Oliver	1:22:01	2:45:04	04:07:05
M20	Hulbak Sigurd Sollien	1:23:23	2:43:55	04:07:18
M20	Lamøy Kristoffer	1:25:37	2:49:12	04:14:49
M20	Osvold Vegard	1:24:09	2:52:52	04:17:01
M20	Bleich David	1:22:38	2:55:27	04:18:05
M20	Tenold Lars Anders	1:21:15	2:57:04	04:18:18
M20	Furuli Oliver Bræin	1:32:18	2:51:35	04:23:53
M20	Engebakken Jonas	1:26:34	3:00:15	04:26:49
M20	Bø Jørgen	1:16:31	3:11:03	04:27:33
M20	Thomassen Håkon	1:25:15	3:03:45	04:29:00
M20	Vonen Rasmus	1:27:53	3:02:28	04:30:21

M20	Espenes Olav Vikøren	1:26:23	3:06:39	04:33:02
M20	Ryvoll Nikolai	1:25:16	3:08:29	04:33:45
M20	Ekrem Ole Eirik Fuglehaug	1:35:54	2:58:22	04:34:16
M20	Sellæg Sigurd Aal	1:25:36	3:14:10	04:39:46
M20	Snellingen Ola Nygård	1:33:11	3:09:02	04:42:13
M20	Wedum Fridtjof	1:30:05	3:19:18	04:49:23
M20	Sandsnes Svein Erik	1:41:49	3:10:33	04:52:22
M20	Lilaas Håvard	1:28:47	3:23:42	04:52:29
M20	Chapman Benjamin	1:37:51	3:14:39	04:52:30
M20	Christiansen Lars Norheim	1:39:17	3:14:00	04:53:17
M20	Kinneberg Haakon André	1:31:43	3:22:52	04:54:35
M20	Rundberget Odin	1:39:06	3:20:17	04:59:23
M20	Johansen Kristian	1:41:20	3:19:25	05:00:45
M20	Strand Ruben	1:22:32	3:40:45	05:03:17
M20	Nordby Ludvig	1:28:14	3:39:10	05:07:24
M20	Linnerud Glenn	1:35:01	3:36:49	05:11:50
M20	Brandt Matias Gjestvang	1:40:26	3:31:35	05:12:01
M20	Børsheim Vegard	1:34:48	3:40:55	05:15:43
M20	Hol Espen	1:45:59	3:35:52	05:21:51
M20	Ødegård Håvard Strand	1:27:15	3:59:07	05:26:22
M20	Maråk Magne Junior	1:54:17	3:44:18	05:38:35
M20	Landheim Anders	1:48:24	3:50:33	05:38:57
M20	Lomsdalen Lars	1:40:58	4:17:03	05:58:01
M20	Fjærn Mareno Dahl	1:39:39	4:19:50	05:59:29
M20	Herlyng Halvor	1:49:55	4:22:20	06:12:15
M20	Sjøen Håvard Høllen	1:29:43	4:45:23	06:15:06
M20	Marstrander Emil	1:56:04	4:24:28	06:20:32
M20	Ramstad Morten	1:46:05	4:47:51	06:33:56
M20	Blegeberg Tobias	1:50:35	4:48:32	06:39:07
M20	Høistad John-Amund	1:51:05	4:52:01	06:43:06
M20	Evensen Oscar	1:59:52	4:45:48	06:45:40
M20	Nordlund Øystein	1:47:53	4:59:28	06:47:21
M20	Haugen Tobias	1:42:31	5:14:50	06:57:21
M20	Thorstad Even	2:05:09	5:15:39	07:20:48
M20	Bredli Henrik	1:54:27	5:33:36	07:28:03
M20	Mathisen Christer	2:09:48	5:20:45	07:30:33
M25	Callesen Christoffer	1:15:45	2:40:39	03:56:24
M25	Hulløen Tor Einar	1:19:16	2:37:42	03:56:58
M25	Nydal Erlend Moian	1:16:23	2:43:30	03:59:52
M25	Fjellvåg Asbjørn Slagtern	1:18:22	2:45:42	04:04:04
M25	Korbøl Ola Erling	1:15:32	2:49:22	04:04:54
M25	Oppegaard Mathias	1:20:28	2:48:32	04:09:00
M25	Schwencke Andreas	1:19:03	2:58:06	04:17:08
M25	Hannestad Eirik	1:22:57	2:54:29	04:17:27
M25	Galleberg Martin	1:19:45	3:02:57	04:22:42
M25	Kvernevik Thor Emil	1:25:46	3:02:35	04:28:21
M25	Oppegaard Even	1:25:08	3:03:21	04:28:29
M25	Onsrud Pål Jostein Petersen	1:18:51	3:10:03	04:28:54
M25	Flismyren Martin	1:24:40	3:06:00	04:30:40
M25	Nydal Hallvard Moian	1:29:19	3:01:50	04:31:08

M25	Antonsen Magnus Torp	1:22:11	3:11:24	04:33:35
M25	Gjevre Steffen Trønrod	1:27:18	3:07:23	04:34:41
M25	Birkenes Anders	1:28:22	3:12:08	04:40:30
M25	Berger Kristian	1:33:24	3:07:08	04:40:32
M25	Brede Vegard Rødseth	1:26:21	3:14:32	04:40:52
M25	Grindland Ola	1:23:04	3:23:43	04:46:46
M25	Brekke Bård	1:28:49	3:18:02	04:46:51
M25	Jensen Magnus Smedplass	1:31:41	3:17:41	04:49:22
M25	Haugen Sondre	1:31:53	3:18:37	04:50:30
M25	Buchholdt Morten	1:26:58	3:24:57	04:51:54
M25	Jakobsen Magnus Aarlott	1:30:14	3:23:56	04:54:10
M25	Finstuen Kristian	1:36:01	3:18:45	04:54:46
M25	Nyborg Thomas	1:33:45	3:22:03	04:55:48
M25	Naume Magnus Mostue	1:32:33	3:23:58	04:56:31
M25	Hansen Trygve	1:25:33	3:34:02	04:59:35
M25	Bergseng Olsen Brede	1:24:50	3:36:10	05:01:00
M25	Berge Mads	1:26:43	3:38:52	05:05:35
M25	Riis Tor Eirik	1:43:06	3:24:03	05:07:09
M25	Relling Tormod Lausund	1:34:56	3:33:13	05:08:09
M25	Bjørnstad Emil	1:27:06	3:41:15	05:08:21
M25	Ophus Jon Marius	1:32:39	3:39:37	05:12:16
M25	Wannebo Christopher	1:30:30	3:42:14	05:12:44
M25	Mandal Johansen Vegard	1:38:08	3:36:40	05:14:48
M25	Kaus Gunnar	1:36:10	3:41:47	05:17:57
M25	Brøndbo Vegar	1:39:41	3:45:10	05:24:51
M25	Cook Michael	1:47:53	3:38:06	05:25:59
M25	Sivertsen Bjørnar	1:26:47	4:00:25	05:27:12
M25	Gundersen Henrik	1:37:46	3:51:35	05:29:21
M25	Heen Vegar	1:40:42	3:49:21	05:30:03
M25	Meinich Per	1:50:19	3:43:27	05:33:46
M25	Fjellvåg Øystein	1:39:33	3:56:15	05:35:48
M25	Morstad Sindre	1:46:08	3:52:02	05:38:10
M25	Veiteberg Olav	1:27:27	4:12:58	05:40:25
M25	Huso Andreas	1:35:03	4:06:01	05:41:04
M25	Halvorsen Bjørnar Rogne	1:33:36	4:09:14	05:42:50
M25	Berg Lars Harald	1:51:39	4:02:47	05:54:26
M25	Evjen Jonas	1:58:59	4:01:25	06:00:24
M25	Teien Martin	1:36:41	4:24:37	06:01:18
M25	Løvenskiold Emil Mathias	1:42:57	4:22:03	06:05:00
M25	Ringstad Fredrik	1:41:15	4:31:58	06:13:13
M25	Olsen Ole Kenneth	1:45:48	4:29:32	06:15:20
M25	Høyvesveen Neri	1:47:54	4:30:18	06:18:12
M25	Lehne Trygve	1:49:52	4:28:25	06:18:17
M25	Guttormsen christer	1:34:23	4:48:25	06:22:48
M25	Unneberg Martin Gunnerius	1:47:36	4:38:18	06:25:54
M25	Reiersdal Morten	1:40:05	4:50:09	06:30:14
M25	Evensberget Audun	1:30:08	5:09:33	06:39:41
M25	Johnsen Adrian Nydahl	1:55:51	4:46:48	06:42:39
M25	Finstad Tommy	1:40:38	5:06:18	06:46:56
M25	Kontny Carl Frederik	1:49:46	5:03:37	06:53:23

M25	Engelberg Espen	1:47:21	5:07:45	06:55:06
M25	Kalsnes Thomas	1:46:00	5:09:26	06:55:26
M25	Karstensen Robert	1:39:20	5:28:10	07:07:30
M25	Sandvold Joakim	1:42:05	5:27:28	07:09:33
M25	Johansen Audun	2:06:17	5:24:32	07:30:49
M25	Helgesen Erik Forseth	1:48:50	6:02:17	07:51:07
M25	Krane Magnus	1:55:59	5:59:14	07:55:13
M25	Kjendahl Mats-Andre	2:19:06	6:04:06	08:23:12
M25	Stubbe Simen	2:14:38	6:43:02	08:57:40
M25	Engebakken Thomas	2:31:33	6:40:45	09:12:18
M25	Johansen Karl Ivar Fjørtoft	2:50:53	6:50:32	09:41:25
M25	Moen Wilhelm Tellnes	2:35:50	7:27:24	10:03:14
M30	Pettersen Øystein	1:17:00	2:25:51	03:42:51
M30	Hanssen John Christian Deighan	1:12:49	2:43:50	03:56:39
M30	Fenstad Ståle	1:15:37	2:46:17	04:01:54
M30	Kjølhamar Vegard	1:21:41	2:42:32	04:04:13
M30	Magnussen Tomas	1:22:01	2:55:09	04:17:10
M30	Bjørndal Magnus	1:24:36	2:59:11	04:23:47
M30	Landrø Johan	1:25:08	2:59:56	04:25:04
M30	Watterdal Eirik	1:27:24	2:58:51	04:26:14
M30	Neby Magnus Rognstad	1:21:25	3:05:05	04:26:30
M30	Lishaugen Raymond	1:24:21	3:02:14	04:26:35
M30	Iversen Wilhelm	1:31:02	2:57:34	04:28:36
M30	Hasli Øyvind	1:22:43	3:11:34	04:34:17
M30	Antonsen Even	1:25:54	3:09:45	04:35:38
M30	Saure Dan Børge	1:29:11	3:07:20	04:36:31
M30	Nilsen Mads Novik	1:27:09	3:13:55	04:41:04
M30	Schia Jørgen	1:32:59	3:11:26	04:44:25
M30	Jevnesveen Vegard	1:31:43	3:12:43	04:44:26
M30	Skrebergene Jarle	1:36:47	3:08:58	04:45:45
M30	Nordheim Karl Kristian	1:32:03	3:13:49	04:45:52
M30	Ristebråten Torkel	1:20:23	3:32:21	04:52:44
M30	Aas Gøran	1:27:15	3:25:50	04:53:05
M30	Lien Vegar	1:35:46	3:24:18	05:00:04
M30	Berge Øyvind Esse	1:42:28	3:18:55	05:01:23
M30	Cook Mathias	1:36:08	3:26:19	05:02:27
M30	Ludvigsen Håkon Kruse	1:25:38	3:39:24	05:05:01
M30	Norderhaug Magnus Eiriksson	1:35:41	3:29:34	05:05:15
M30	Arstad Svein	1:31:48	3:34:03	05:05:51
M30	Joslin Knut-Eric	1:35:00	3:31:36	05:06:36
M30	Ohma Håvar Forsell	1:26:35	3:42:08	05:08:43
M30	Hemstad Kay Stefan	1:37:45	3:31:56	05:09:41
M30	Sundvall Eirik Wig	1:41:02	3:32:02	05:13:04
M30	Sandnes Øystein Drolsum	1:37:07	3:40:27	05:17:34
M30	Sand Mats Emil	1:34:07	3:47:28	05:21:35
M30	Stokstad Øystein	1:38:04	3:48:41	05:26:45
M30	Lukauskas Mindaugas	1:27:08	4:00:24	05:27:32
M30	Skogheim Lars	1:37:28	3:50:50	05:28:18
M30	Hofoss Steinar	1:45:01	3:44:12	05:29:13
M30	Stene André	1:43:43	3:46:27	05:30:10

M30	Bottolfsen Thomas Bruno	1:46:33	3:45:28	05:32:01
M30	Olsen Erlend	1:57:31	3:36:02	05:33:33
M30	schjøll fredrik	1:34:11	4:01:34	05:35:45
M30	Harvei Daniel A Olsen	1:48:29	3:47:24	05:35:53
M30	Fjærli Terje	1:48:24	3:51:54	05:40:18
M30	Holmberget Vegard	1:46:42	3:58:41	05:45:23
M30	Storvik Knut	1:43:08	4:04:50	05:47:58
M30	Brumoen Lars Petter	1:46:12	4:05:31	05:51:43
M30	Gjul Jørn Henrik	1:37:17	4:39:21	06:16:38
M30	Johansen Libakken Rolf Sindre	1:34:14	4:42:42	06:16:56
M30	Einarsveen Jon Eirik	1:53:51	4:23:54	06:17:45
M30	Modd Peter	1:51:06	4:30:43	06:21:49
M30	Skatvedt Lars-Martin	1:43:33	4:42:29	06:26:02
M30	Milner-Grimsmo Lars	1:48:23	4:41:04	06:29:27
M30	Mæhlum Alexander	2:11:28	4:39:09	06:50:37
M30	Berge Rolf Inge	1:46:33	5:13:07	06:59:40
M30	Baksvær stian	2:12:01	4:57:33	07:09:34
M30	Wedvik Eskild	1:59:48	5:14:48	07:14:36
M30	Hansen Roy Erik	1:43:39	5:36:03	07:19:42
M30	Plassen Sjur	2:11:19	5:14:27	07:25:46
M30	Heggernes Even	1:59:29	5:31:52	07:31:21
M30	Thue Andreas	1:41:03	5:56:53	07:37:56
M30	Kårstad Jonas Vincent	1:57:00	5:46:10	07:43:10
M30	Røstbø Pål	2:08:14	5:40:20	07:48:34
M30	Gangeskar Steffen	2:24:19	5:33:57	07:58:16
M30	Hansen Sten-Endre	1:49:51	6:22:43	08:12:34
M30	Johansen Frank	2:06:37	6:07:41	08:14:18
M30	Kühn Fredrik	2:09:12	6:24:45	08:33:57
M30	Engebakken Stian	2:26:31	6:56:11	09:22:42
M30	Sæther Espen Ranheim	2:38:20	6:50:48	09:29:08
M30	Wold Anders	2:29:01	7:04:31	09:33:32
M30	Haursett Alexander	2:07:10	7:39:45	09:46:55
M30	Karlsen Magnus	2:16:25	7:30:30	09:46:55
M30	Nilsen Fredrik	2:41:16	8:01:35	10:42:51
M35	Almlid Espen	1:27:56	2:50:18	04:18:14
M35	Bjørnbakken Tony	1:26:19	2:53:30	04:19:49
M35	Nordgård Rune	1:23:59	3:00:45	04:24:43
M35	Sisselberg Ola	1:21:35	3:09:58	04:31:32
M35	Jenssen Ronny Thomas	1:32:50	2:59:10	04:32:00
M35	Rønning Christian	1:22:56	3:09:21	04:32:17
M35	Solbrekke Arnstein	1:25:36	3:09:51	04:35:27
M35	Nordseth Bjørn Egil	1:27:46	3:10:48	04:38:34
M35	Solvang Kristian Meyer	1:25:01	3:15:07	04:40:08
M35	Solberg Magnus	1:25:38	3:15:47	04:41:25
M35	Gretland Runar	1:33:41	3:12:30	04:46:11
M35	Moe Christian Rørholt	1:22:16	3:26:09	04:48:25
M35	Kjøs Hans Olav	1:21:53	3:27:40	04:49:33
M35	Høimoen Thor Kristian	1:33:36	3:17:56	04:51:32
M35	Norheim Thom - Arne	1:31:40	3:23:15	04:54:55
M35	Sveum Frank Nordby	1:37:11	3:18:30	04:55:41

M35	Kjendseth Torolf	1:33:17	3:22:25	04:55:42
M35	Røragen Hans	1:32:23	3:24:08	04:56:31
M35	Ryen Jørn Petter Kolås	1:27:01	3:31:22	04:58:23
M35	Stræth Sverre	1:25:27	3:38:49	05:04:16
M35	Enger Magnus	1:32:30	3:34:24	05:06:54
M35	Skogstad Stian	1:34:49	3:32:28	05:07:17
M35	Bystrøm Øivind	1:37:39	3:30:08	05:07:47
M35	Engehaugen Magnus	1:35:28	3:33:45	05:09:13
M35	Borander Roy	1:34:03	3:36:28	05:10:31
M35	Kjetland Thomas	1:24:48	3:47:15	05:12:03
M35	Stensløyken Jørgen	1:46:24	3:26:30	05:12:54
M35	Haugnæss Trygve	1:23:26	3:53:58	05:17:24
M35	Solnørdal Vegar	1:35:32	3:42:17	05:17:49
M35	Brevik Jørn Kongsten	1:29:11	3:51:01	05:20:12
M35	Sagehaug Håkon	1:44:09	3:37:38	05:21:47
M35	Sletto Geir	1:37:45	3:44:13	05:21:58
M35	Kristiansen Ingar	1:40:49	3:42:04	05:22:53
M35	Nøkleby Gorm	1:34:59	3:53:11	05:28:10
M35	Dahl Arild	1:35:19	3:53:00	05:28:19
M35	Korsmo Frode	1:45:53	3:44:51	05:30:44
M35	Delerud Ole Jonny	1:27:17	4:04:10	05:31:27
M35	Sigstad Amund	1:46:52	3:45:02	05:31:54
M35	Nygren Tor-Christian	1:34:57	3:57:39	05:32:36
M35	Dreiås Kristian Tårnesvik	1:36:14	3:56:35	05:32:49
M35	Nilsen Dag Andre	1:51:50	3:45:51	05:37:41
M35	Karlsen Terje	1:40:43	3:57:24	05:38:07
M35	Stene Rune	1:46:49	3:54:55	05:41:44
M35	Wines Thorstein	1:37:01	4:14:20	05:51:20
M35	Dybing Sigurd Solbrække	1:51:43	4:17:17	06:09:00
M35	Wærås Vegard Brude	1:50:15	4:19:38	06:09:53
M35	Søberg Tom Roger	1:49:30	4:27:21	06:16:51
M35	Trondsen Lasse	1:43:30	4:36:26	06:19:56
M35	Mjøen Mauritz	1:47:40	4:33:17	06:20:57
M35	Haaland Geir	1:57:21	4:30:30	06:27:51
M35	Fensgård Øyvind	1:55:39	4:37:59	06:33:38
M35	Myrheim Magnus	2:08:30	4:30:54	06:39:24
M35	Mellem Erik	1:57:29	4:45:16	06:42:45
M35	Sørli Ole Thomas	2:19:53	4:31:49	06:51:42
M35	Lerberg Håkon	1:51:58	5:03:19	06:55:17
M35	Storsand Endre	1:49:16	5:08:37	06:57:53
M35	Thoresen Ole Kristian	1:56:21	5:05:02	07:01:23
M35	Fossberg Kim	1:48:58	5:27:30	07:16:28
M35	Skaugen Stian	2:03:52	5:17:15	07:21:07
M35	Hvidsten Nils Olav	1:55:51	5:27:37	07:23:28
M35	Herfindal Øystein	2:03:30	5:22:31	07:26:01
M35	Bråthen Per-Erik	2:11:46	5:17:27	07:29:13
M35	Ekornhol Stian	2:10:59	5:42:46	07:53:45
M35	Hansen Oddbjørn	2:08:12	5:50:14	07:58:26
M35	Olsen Odd Vegar	2:36:12	5:26:17	08:02:29
M35	Strønen Halvard	2:23:04	5:55:33	08:18:37

M35	Strønen Aslak	2:23:04	5:55:39	08:18:43
M35	Olsen Bjørnar	2:21:14	6:08:26	08:29:40
M35	Olsen Jørgen Wågan	2:09:02	6:24:02	08:33:04
M35	Wallberg Björn	1:36:13	7:10:36	08:46:49
M35	Aalerud Magnus	2:21:36	6:35:08	08:56:44
M35	Asmyhr Jørgen	2:29:12	6:48:18	09:17:30
M35	Stefansson Bjørgolfur	2:07:38	7:16:27	09:24:05
M40	Fakstad Stig Morten	1:21:20	2:45:21	04:06:41
M40	Grøan Morten	1:18:29	2:56:22	04:14:51
M40	Fougner Clemet	1:22:09	2:56:23	04:18:31
M40	Kjerkreit Ole Petter	1:22:03	3:01:47	04:23:50
M40	Igeltjørn Vidar	1:28:51	2:58:10	04:27:01
M40	Riise Johnny	1:24:37	3:04:44	04:29:21
M40	Hevrøy Anders	1:29:01	3:02:09	04:31:10
M40	Omland Morten	1:23:19	3:11:00	04:34:19
M40	Floberghagen Trond	1:27:09	3:09:40	04:36:49
M40	Imbsen Håkon	1:31:36	3:05:37	04:37:13
M40	Kleven Erik	1:27:58	3:11:44	04:39:42
M40	Brobakk Odd Egil	1:30:48	3:09:14	04:40:02
M40	Westvold Anders	1:28:33	3:13:17	04:41:50
M40	Framnes Stig	1:30:28	3:13:38	04:44:06
M40	Hjelseth Endre	1:24:33	3:20:39	04:45:11
M40	Ryste Cato	1:25:36	3:20:21	04:45:57
M40	Frysjøenden Jo Christer	1:34:15	3:17:08	04:51:23
M40	Markerud Lars Even	1:37:51	3:13:40	04:51:31
M40	Fjeld Hans Petter	1:28:22	3:23:51	04:52:13
M40	Hofstedt-Moe Preben	1:32:18	3:20:13	04:52:31
M40	Strand Tormod	1:24:06	3:28:38	04:52:44
M40	Holum-Jakobsen Geir André	1:36:25	3:16:57	04:53:22
M40	Høntorp Karl-Olaf	1:35:42	3:18:18	04:54:00
M40	Nordengen Rune	1:37:31	3:17:03	04:54:34
M40	Thorsby Pål-Andre	1:27:50	3:30:23	04:58:13
M40	Granheim Alexander	1:27:12	3:32:22	04:59:34
M40	Larsen Cato	1:41:30	3:18:50	05:00:20
M40	Harnæs Heming	1:37:03	3:23:18	05:00:21
M40	Evensen Vidar	1:44:03	3:17:23	05:01:26
M40	Øy Lars	1:27:56	3:38:05	05:06:01
M40	Olsen Lars Hugo Braadland	1:35:16	3:32:05	05:07:21
M40	Hansen Rune	1:41:00	3:27:06	05:08:06
M40	Sandstad Håkon Leer	1:35:13	3:32:56	05:08:09
M40	Andersbakken Ola	1:39:01	3:29:41	05:08:42
M40	Hagen Ole André	1:22:55	3:46:05	05:09:00
M40	Myrmel Johannes-Henrik	1:35:19	3:34:19	05:09:38
M40	Andersen Henning Engen	1:33:24	3:36:38	05:10:02
M40	Mortensen Vegard	1:29:04	3:41:42	05:10:46
M40	Hansen Anders	1:34:13	3:39:29	05:13:42
M40	Parthaugen Morten	1:43:01	3:31:58	05:14:59
M40	Farstad Frode	1:35:16	3:40:27	05:15:43
M40	Fløttum Frode	1:39:31	3:36:26	05:15:57
M40	Sunde Kjell Magne	1:32:37	3:45:29	05:18:06

M40	Sagsveen Bendik Andreas	1:40:07	3:40:41	05:20:48
M40	Blomsnes Torbjørn	1:41:15	3:39:47	05:21:02
M40	Aasen Tom Christian	1:36:38	3:45:12	05:21:50
M40	Stuldalen Arild	1:41:02	3:41:34	05:22:36
M40	Sagen Hallgrim	1:43:22	3:40:36	05:23:58
M40	Kristengård Idar	1:41:49	3:42:20	05:24:09
M40	Nilsen Pål Virik	1:42:38	3:42:47	05:25:25
M40	Finstad Kjetil	1:48:11	3:38:54	05:27:05
M40	Strandsveen Morten	1:40:17	3:47:31	05:27:48
M40	Myrvang Trond Helge	1:33:57	3:57:33	05:31:30
M40	Lund Joar	1:42:26	3:49:43	05:32:09
M40	Hansen Geir Normann	1:40:44	3:51:38	05:32:22
M40	Næss Eirik	1:49:04	3:46:42	05:35:46
M40	Sagmoen Bjørn Steffen	1:50:30	3:48:37	05:39:07
M40	Storhagen Børre	1:49:55	3:49:46	05:39:41
M40	Fleischer Andreas	1:42:26	3:58:09	05:40:35
M40	Hanssen Frank Vegar L.	1:42:55	3:59:51	05:42:46
M40	Flaathen Glenn	1:39:41	4:03:18	05:42:59
M40	Johansen Rollef	1:42:04	4:05:03	05:47:07
M40	Ytterås Tor Morten	1:42:22	4:07:05	05:49:27
M40	Breen Kenneth	1:33:09	4:17:29	05:50:38
M40	Haram Per Magnus	1:35:30	4:15:53	05:51:23
M40	Chutko Tom Arvid	1:57:02	3:56:17	05:53:19
M40	Johansen Lasse	1:58:42	3:58:38	05:57:20
M40	Crosby Tor	1:47:03	4:11:05	05:58:08
M40	Sato Haakon Olav	1:59:02	4:03:50	06:02:52
M40	Karlsen Jonas	1:59:14	4:05:22	06:04:36
M40	Schwarz Henrik	1:42:10	4:25:31	06:07:41
M40	Sveen Vidar	1:45:16	4:22:42	06:07:58
M40	Moheim Ola	1:47:00	4:24:13	06:11:13
M40	Bjerkelund Rune	1:41:58	4:29:32	06:11:30
M40	Langseth Thomas	1:34:43	4:39:17	06:14:00
M40	Fjeldheim Vegard	1:46:55	4:31:00	06:17:55
M40	Klever John Ivar	1:54:19	4:24:27	06:18:46
M40	Jørgensen Jarle	1:45:38	4:34:07	06:19:45
M40	Bergli Ole Andreas	1:43:59	4:38:23	06:22:22
M40	Rødland Finn Håkon	1:46:12	4:41:24	06:27:36
M40	Andreassen Roger	1:55:58	4:35:01	06:30:59
M40	Jenssen Erlend Berger	1:33:42	4:58:26	06:32:08
M40	Nordengen Geir Arne	1:32:48	4:59:49	06:32:37
M40	Ruud Ole Anders	1:43:00	4:50:34	06:33:34
M40	Johansen Thor Arne	1:48:31	4:59:28	06:47:59
M40	Lund Lars Petter	1:55:54	4:54:40	06:50:34
M40	Brattberg Per	1:46:31	5:05:36	06:52:07
M40	Sandanger Oskar Åsmund	1:55:37	4:58:30	06:54:07
M40	Kluge Øyvind	2:02:14	5:08:46	07:11:00
M40	Rønnekleiv Stian	2:04:57	5:12:48	07:17:45
M40	Lundseth Atle	2:10:06	5:14:10	07:24:16
M40	Maarud Endre	1:58:27	5:28:48	07:27:15
M40	Espeland Bård	2:06:44	5:20:48	07:27:32

M40	Pettersen Flemming	2:00:43	5:28:08	07:28:51
M40	Haug Thomas	1:58:32	5:32:23	07:30:55
M40	Ødegård Åge	2:15:25	5:26:38	07:42:03
M40	Glosli Espen	1:58:30	5:45:24	07:43:54
M40	Filtvedt Rune	2:11:58	5:36:49	07:48:47
M40	Maarud Odd Arild	2:04:44	5:45:30	07:50:14
M40	Grønset Jørn	2:14:52	5:36:12	07:51:04
M40	Espeland Tom	2:22:09	5:29:20	07:51:29
M40	Brandstad Gisle	2:11:46	5:42:56	07:54:42
M40	Iversen Jon	2:25:20	5:31:37	07:56:57
M40	Gran Atle	2:16:34	5:44:26	08:01:00
M40	Nordhagen Erik	2:31:52	5:51:47	08:23:39
M40	Molthe Kai	2:37:10	5:46:46	08:23:56
M40	Ombye Simen	2:10:57	6:30:21	08:41:18
M40	Aalerud Lasse	2:21:36	6:21:00	08:42:36
M40	Kjelland Thomas	2:31:49	6:11:24	08:43:13
M40	Toft Mikkel Wendelboe	2:16:53	6:27:34	08:44:27
M40	Stensrud Alexander	2:36:35	6:25:01	09:01:36
M40	Sæbønes Frode	3:06:31	7:13:55	10:20:26
M45	Bråthen Birger Andreas	1:21:27	2:54:31	04:15:57
M45	Berg Nils Ø.	1:21:52	2:54:36	04:16:28
M45	Samuelsen Vegard Fluge	1:20:14	2:58:41	04:18:54
M45	Nyland Espen	1:21:01	3:04:42	04:25:42
M45	Inglingstad Bent	1:23:55	3:04:29	04:28:24
M45	Lervik John Markus	1:31:24	2:57:11	04:28:35
M45	Ringstad Gard	1:20:27	3:09:05	04:29:31
M45	Berghagen Lars	1:36:37	2:55:30	04:32:07
M45	Kalland Kjartan	1:19:02	3:14:58	04:33:59
M45	Risebrobakken Bjørn	1:33:07	3:01:23	04:34:30
M45	Christoffersen Arild	1:19:45	3:16:25	04:36:10
M45	Opheim Kjell Vegard	1:25:27	3:11:23	04:36:50
M45	Thoresen Geir	1:28:22	3:09:54	04:38:16
M45	Fraurud Thomas Haug	1:31:37	3:10:01	04:41:38
M45	Brækken Bård	1:24:44	3:17:16	04:42:00
M45	Lunde Harald	1:29:42	3:13:45	04:43:27
M45	Kildahl Jan	1:27:01	3:21:11	04:48:12
M45	Skjold Bjørn Erik	1:36:53	3:12:21	04:49:14
M45	Hagen Aage	1:35:11	3:14:29	04:49:40
M45	Nilssen Frode	1:39:44	3:11:48	04:51:32
M45	Moen Torgeir	1:37:31	3:14:10	04:51:41
M45	Heyerdahl Fridtjof	1:35:25	3:18:03	04:53:28
M45	Kåsa Hans Olav	1:31:53	3:23:37	04:55:30
M45	Sagen Martin	1:35:16	3:20:21	04:55:37
M45	Authen Paul Aksel	1:37:36	3:18:11	04:55:47
M45	Lindstad Anders A	1:42:22	3:16:05	04:58:27
M45	Bergum Anders	1:35:00	3:24:53	04:59:53
M45	Møllerhaug Jan	1:35:53	3:24:35	05:00:28
M45	Flenvold Kjetil	1:34:58	3:25:50	05:00:48
M45	Tennstrand Bernt P.	1:40:44	3:20:08	05:00:52
M45	Digre Kjetil	1:38:39	3:23:34	05:02:13

M45	Kalager Lars Johan	1:36:04	3:26:12	05:02:16
M45	Mikkelsen Tommy	1:29:53	3:32:25	05:02:18
M45	Bollandsås Ole Martin	1:37:34	3:24:45	05:02:19
M45	Granquist Charles	1:39:34	3:23:02	05:02:36
M45	Haugen Erik	1:40:01	3:24:59	05:05:00
M45	Widding Øistein	1:36:54	3:29:17	05:06:11
M45	Framnes Roger	1:45:03	3:23:11	05:08:14
M45	Grini Jon Arne	1:43:25	3:25:19	05:08:44
M45	Simensen Rune	1:30:56	3:38:23	05:09:19
M45	Molund Kjetil	1:35:26	3:33:57	05:09:23
M45	Opsal Trond	1:46:23	3:23:04	05:09:27
M45	Flood Kaare Andre	1:35:59	3:33:30	05:09:29
M45	Hollingsæter Terje	1:34:34	3:35:42	05:10:16
M45	Halvorsen Per	1:41:50	3:29:06	05:10:56
M45	Bårdseng Sindre	1:39:40	3:31:18	05:10:58
M45	Fredwall Svein Otto	1:35:27	3:35:39	05:11:06
M45	Kilen Gaute	1:32:51	3:38:26	05:11:17
M45	Flaa Eirik	1:37:51	3:33:30	05:11:21
M45	Bergene Tor	1:36:59	3:35:29	05:12:28
M45	Jomaas Christian	1:45:50	3:27:44	05:13:34
M45	Waaler Jon Einar	1:37:21	3:36:49	05:14:10
M45	Grønvold Knut	1:37:58	3:37:10	05:15:08
M45	Gaarder Kristian	1:41:21	3:34:32	05:15:53
M45	Nysæter Gisle	1:29:26	3:46:28	05:15:54
M45	Aasen Henning	1:35:36	3:40:20	05:15:56
M45	Mørk Tommy	1:42:21	3:34:09	05:16:30
M45	Johansen Jørn	1:34:19	3:42:23	05:16:42
M45	Myran Bjørn	1:34:23	3:43:28	05:17:51
M45	Møller Klas Schløsser	1:37:13	3:40:55	05:18:08
M45	Bjerregård Tom	1:41:53	3:39:01	05:20:54
M45	Nordahl Ingulf	1:42:18	3:39:55	05:22:13
M45	Jensen Baard Arne Østbye	1:43:19	3:39:28	05:22:47
M45	Brandhaug Geir Morten	1:34:46	3:49:37	05:24:23
M45	Sørmo Øystein	1:42:22	3:42:10	05:24:32
M45	Kristiansen Ole Jacob	1:40:05	3:45:47	05:25:52
M45	Lydvo Ivar	1:32:00	3:54:41	05:26:41
M45	Bøymo Per	1:39:13	3:48:35	05:27:48
M45	Holtung Per Dave	1:43:40	3:44:39	05:28:19
M45	Ellingsen Sjur	1:40:56	3:47:30	05:28:26
M45	Evensen Øyvind	1:47:31	3:41:26	05:28:57
M45	Barth-Heyerdahl Øystein	1:47:05	3:42:27	05:29:32
M45	Slind Olve	1:56:40	3:33:29	05:30:09
M45	Winum Rune	1:46:20	3:44:05	05:30:25
M45	Henriksen Sigmund	1:43:50	3:47:02	05:30:52
M45	Krogstie Erik	1:40:12	3:50:47	05:30:59
M45	Branæs Pål	1:44:30	3:49:03	05:33:33
M45	Vetleseter Jon Rune	1:50:50	3:44:39	05:35:29
M45	Sæter Lars Eivind	1:37:49	3:57:49	05:35:38
M45	Arntzen Peder	1:48:29	3:48:29	05:36:58
M45	Brænden Roar	1:40:48	3:56:17	05:37:05

M45	Husby Jan-Egil	1:39:05	3:58:29	05:37:34
M45	Komperud Øyvind	1:53:32	3:45:34	05:39:06
M45	Solem Tore	1:52:52	3:46:58	05:39:50
M45	Aasberg Frode	1:37:52	4:02:53	05:40:45
M45	Grini Dag	1:46:09	3:55:23	05:41:32
M45	Loen Fritjof	1:33:06	4:09:15	05:42:21
M45	Berger Stefano	1:36:06	4:08:13	05:44:19
M45	Andersen Rune F.	1:40:49	4:07:14	05:48:03
M45	Røise Lars	1:49:42	3:58:26	05:48:08
M45	Halck Per Krister	1:43:59	4:06:03	05:50:02
M45	Aurstad Bjarne	1:41:04	4:09:32	05:50:36
M45	Gløersen Knut	1:49:41	4:01:52	05:51:33
M45	Korpberget Øyvind	1:38:01	4:13:34	05:51:35
M45	Henningsen Baard	1:34:38	4:17:42	05:52:20
M45	Skrimstad Espen	1:35:19	4:17:22	05:52:41
M45	Kjos Frode	1:44:32	4:12:26	05:56:58
M45	Haug Per Kristian	1:47:43	4:09:42	05:57:25
M45	Røe Pål	1:35:05	4:23:55	05:59:00
M45	Moe Hjalmar Krogseth	1:45:53	4:13:23	05:59:16
M45	Neeb Even	1:51:24	4:10:13	06:01:37
M45	Merkesdal Thorbjørn	1:46:37	4:16:17	06:02:54
M45	Røkke Lars Andre	1:38:38	4:25:22	06:04:00
M45	Prytz Øyvind	2:02:10	4:02:27	06:04:37
M45	Horten Trond Olav	1:46:41	4:20:39	06:07:20
M45	Furset Bjørn Tore	1:55:45	4:12:11	06:07:56
M45	Børresen Terje	1:46:33	4:22:16	06:08:49
M45	Torbjørnsen Audun	1:50:51	4:21:20	06:12:11
M45	Røvig Jørgen	2:00:39	4:18:04	06:18:43
M45	Rosnes Magne	1:50:29	4:29:15	06:19:44
M45	Hodnebrog Knut	1:47:36	4:37:45	06:25:21
M45	Prestegård Ulf	1:53:35	4:31:48	06:25:23
M45	Bjerkvoll Thomas	1:55:06	4:33:34	06:28:40
M45	Danielsberg Roar	2:03:25	4:25:22	06:28:47
M45	Paulsen Terje Håkon	1:59:13	4:32:20	06:31:33
M45	Kårli Johan	1:53:34	4:37:59	06:31:33
M45	Skaugen Andreas	2:00:53	4:32:05	06:32:58
M45	Heide Rune	1:57:34	4:36:23	06:33:57
M45	Fjeld Svein	2:05:06	4:29:14	06:34:20
M45	Berg Ole Johan	1:49:10	4:47:04	06:36:14
M45	Bjørnstad Jo	1:57:35	4:40:14	06:37:49
M45	Hagen Sven Arne Wright	2:12:04	4:28:00	06:40:04
M45	Reitan Bjørnar	1:55:08	4:47:10	06:42:18
M45	Beenfeldt Kyrre	1:53:05	4:53:32	06:46:37
M45	Arnesen Jan Kåre	1:55:26	4:52:31	06:47:57
M45	Lona Ole Kristian	1:59:19	4:51:16	06:50:35
M45	Buer Morten	1:37:54	5:15:24	06:53:18
M45	Stensrud André	1:53:00	5:00:46	06:53:46
M45	Skistad John Arvid	2:02:01	4:52:40	06:54:41
M45	Pettersen Geir	2:11:10	4:45:52	06:57:02
M45	Storm Jeppe	1:45:11	5:14:14	06:59:25

M45	Henriksen Remi	1:59:36	5:01:52	07:01:28
M45	Nygaard Thomas	1:57:43	5:03:48	07:01:31
M45	Martinsen Jan Egil	2:06:56	4:54:51	07:01:47
M45	Hovden Einar	1:57:48	5:10:48	07:08:36
M45	Bergset Terje	1:52:34	5:16:07	07:08:41
M45	Saatvedt Ben	1:56:57	5:13:32	07:10:29
M45	Sigbjørnsen Bjørn-Ivar	2:23:22	4:47:28	07:10:50
M45	Venjum Svein	2:14:22	4:58:08	07:12:30
M45	Slemdal Pål Harald Fagertun	1:50:45	5:23:49	07:14:34
M45	Thommesen Frank	2:05:14	5:09:51	07:15:05
M45	Sharikabad Mohammad	2:12:20	5:05:31	07:17:51
M45	Simonsen Carl Petter	2:54:52	4:23:40	07:18:32
M45	Hynne Tore Jonny	2:16:50	5:06:45	07:23:35
M45	Lunde Jo Haavardsønn	1:58:24	5:29:27	07:27:51
M45	Hough Clive	2:06:26	5:23:02	07:29:28
M45	Rambø Stig Andy Kvalheim	2:07:48	5:27:00	07:34:48
M45	Rideng Øyvind	2:00:14	5:35:38	07:35:52
M45	Tønnesen Tommy	1:53:47	5:45:07	07:38:54
M45	Pettersen Rune	1:58:14	5:41:09	07:39:23
M45	Simonsen Carl Petter	2:54:52	5:01:52	07:56:44
M45	Nondal Tore	2:23:05	5:37:01	08:00:06
M45	Garder Bjørn Petter	2:29:51	5:34:40	08:04:31
M45	Døhlen Ole	2:34:31	5:31:11	08:05:42
M45	Pettersen Ole-Andreas	2:00:41	6:09:39	08:10:20
M45	Gustafson Mattias	2:23:11	5:58:32	08:21:43
M45	Drangsholt Bjørn Fredrik	2:04:35	6:20:15	08:24:50
M45	Kolbergstrud Steinar Amundsen	2:21:48	6:04:48	08:26:36
M45	Pettersen Lars Fredrik	2:11:47	6:27:50	08:39:37
M45	Kjelland Bjørn	2:43:26	6:02:20	08:45:46
M45	Pettersen Håvard	3:00:10	5:47:18	08:47:28
M45	Heie André	2:38:17	6:32:50	09:11:07
M45	Kleiva Tore	2:18:13	7:14:42	09:32:55
M45	Hedén Marcus	2:09:32	7:29:25	09:38:57
M50	Strandbakke Geir	1:22:12	2:43:42	04:05:53
M50	Nygaard Jon Per	1:17:20	2:58:47	04:16:07
M50	Øvergård Geir	1:22:40	3:03:47	04:26:26
M50	Schrøder Jørn	1:27:55	3:02:15	04:30:10
M50	Bjerkrheim Tore	1:25:56	3:04:24	04:30:20
M50	Vassbotn Bjørn Ole	1:21:56	3:09:55	04:31:51
M50	Øxnevad Jon	1:21:54	3:10:53	04:32:47
M50	Hansen Espen	1:28:38	3:10:46	04:39:24
M50	Riibe Hans Tore	1:30:36	3:10:49	04:41:25
M50	Aasum Yngve	1:27:38	3:13:51	04:41:29
M50	Skar Sigmund	1:29:48	3:13:59	04:43:47
M50	Gundersen Erlend	1:35:07	3:10:22	04:45:29
M50	Ringan Harald	1:27:19	3:18:26	04:45:45
M50	Eiterjord Gunnar	1:24:42	3:21:09	04:45:50
M50	Fosheim Eivind	1:38:41	3:08:03	04:46:44
M50	Botnan Geir Ola	1:30:30	3:16:20	04:46:50
M50	Frørud Jostein	1:30:52	3:16:11	04:47:03

M50	Messel Thor-Erik	1:36:03	3:13:34	04:49:37
M50	Bråthen Jan Harald	1:38:14	3:11:40	04:49:54
M50	Lillebråten Jan-Ivar	1:30:30	3:20:12	04:50:42
M50	Sæther Bent Ivar	1:31:15	3:19:41	04:50:56
M50	Brendlien Morten	1:27:58	3:28:48	04:56:46
M50	Nerem Kåre	1:40:24	3:19:13	04:59:37
M50	Evensen Ove	1:29:07	3:32:48	05:01:55
M50	Murvold Tor	1:33:30	3:29:24	05:02:54
M50	Johansen Per Martin	1:34:21	3:28:57	05:03:18
M50	Ness Ragnar	1:40:00	3:24:18	05:04:18
M50	Dietrichs Pål Einar	1:29:12	3:35:27	05:04:39
M50	Andersen Håkon	1:39:04	3:26:22	05:05:26
M50	Ellingsgård Kåre Reidar	1:41:27	3:24:10	05:05:37
M50	Holberg Ulf	1:24:57	3:41:04	05:06:00
M50	Hansen-Møllerud Lars	1:29:44	3:36:24	05:06:08
M50	Pedersen Ole Johan Venger	1:38:19	3:29:12	05:07:31
M50	Vikholt Anders	1:41:28	3:26:20	05:07:48
M50	Espenes Arild	1:37:33	3:30:17	05:07:50
M50	Nordeng Jan Otto	1:45:57	3:26:19	05:12:16
M50	Bjertnæs Lars	1:40:52	3:32:35	05:13:27
M50	Øyen Inge	1:46:01	3:28:03	05:14:04
M50	Fløtlien Asgeir	1:36:32	3:38:01	05:14:33
M50	Fredriksen Jens Otto	1:43:12	3:33:39	05:16:51
M50	Mjelde Arve	1:35:09	3:43:44	05:18:53
M50	Evensen Rune	1:42:21	3:37:18	05:19:39
M50	Pedersen Gaute Løge	1:37:49	3:44:14	05:22:03
M50	Sletmoen Tore M.	1:47:56	3:34:30	05:22:26
M50	Hoem Ole	1:38:23	3:44:16	05:22:39
M50	Senneset Eivind	1:34:59	3:48:26	05:23:25
M50	Grøan Per	1:41:07	3:42:29	05:23:36
M50	Wannebo Frode Espen	1:43:05	3:40:54	05:23:59
M50	Myhre Lars	1:33:30	3:50:30	05:24:00
M50	Aase Bjørn Espen	1:37:52	3:48:04	05:25:56
M50	Grotli Ragnvald	1:37:13	3:48:50	05:26:03
M50	Sælid Svein	1:40:46	3:45:32	05:26:18
M50	Engebråten Olav	1:40:53	3:45:54	05:26:47
M50	Auestad Terje	1:39:15	3:48:01	05:27:16
M50	Carlsen Atle Rye	1:45:43	3:41:54	05:27:37
M50	Hamran Hans Olav	1:45:22	3:43:07	05:28:29
M50	Liland Eirik	1:41:34	3:48:19	05:29:53
M50	Ofrim Runar	1:42:23	3:50:13	05:32:36
M50	Storli Hans	1:47:27	3:45:28	05:32:55
M50	Holm Erik B	1:41:38	3:51:50	05:33:28
M50	Stranden Svein Olav	1:47:04	3:49:30	05:36:34
M50	Sannerhaugen Dag	1:44:20	3:55:21	05:39:41
M50	Våge Gjermund	1:48:10	3:54:17	05:42:27
M50	Dege Anders F.	1:48:59	3:54:41	05:43:40
M50	Myran Rolf Arild	1:44:19	3:59:58	05:44:17
M50	Negård Terje	1:44:26	4:00:49	05:45:15
M50	Hansen Kjetil	1:37:08	4:08:59	05:46:07

M50	Flagstad Øystein	1:57:13	3:51:07	05:48:20
M50	Berge Gunnar	1:54:48	3:55:05	05:49:53
M50	Andersen Torgeir E.	1:38:55	4:12:57	05:51:52
M50	Jensen Jostein	1:46:39	4:05:45	05:52:24
M50	Jensen Ingar	1:51:10	4:01:14	05:52:24
M50	Pettersen Rune	1:50:10	4:03:37	05:53:47
M50	Torkelsen Erik	1:58:50	3:55:15	05:54:05
M50	Sønsterud Erik	1:56:20	4:02:34	05:58:54
M50	Dehlimarken Lars	1:49:52	4:09:04	05:58:56
M50	Øfstaas Hans Kristian	1:44:11	4:15:04	05:59:15
M50	Bergheim Geir	1:57:21	4:03:04	06:00:25
M50	Grønvold Arve	1:52:58	4:07:42	06:00:40
M50	Kalvåg Håvard	1:44:14	4:18:39	06:02:53
M50	Orvedal Arild	1:50:04	4:15:47	06:05:51
M50	Roseth Svein	2:02:36	4:04:29	06:07:05
M50	Almsbakken Rune	1:54:59	4:12:16	06:07:15
M50	Orderløkken Magne	2:06:32	4:02:31	06:09:03
M50	Solhaug Kjell Inge	2:12:54	3:57:46	06:10:40
M50	Heimdahl Geir	2:00:47	4:10:09	06:10:56
M50	Liane Lars-Ketil	2:00:31	4:10:33	06:11:04
M50	Olsen Robert	1:53:03	4:19:55	06:12:58
M50	Dalberg Odd Johan	1:51:18	4:23:14	06:14:32
M50	Toftemo Knut	1:47:34	4:27:14	06:14:48
M50	Olasveen Arnt Steinar	1:58:14	4:18:04	06:16:18
M50	Stavheim Skjalg Sylte	1:56:08	4:20:19	06:16:27
M50	Christiansen Rolf E F	1:52:13	4:24:15	06:16:28
M50	Rudi John	2:02:31	4:14:42	06:17:13
M50	Søraas Arne Tormod	2:01:36	4:17:36	06:19:12
M50	Olsen Sigmund	1:53:22	4:27:35	06:20:57
M50	Marstein Per	1:52:12	4:34:37	06:26:49
M50	Backer Jon	1:54:38	4:32:50	06:27:28
M50	Finsveen Jann	1:54:07	4:36:30	06:30:37
M50	Kvilten Willy	1:49:15	4:42:26	06:31:41
M50	Lien Per Oddvar	1:41:21	4:50:40	06:32:01
M50	Steinsvoll Svein	2:08:01	4:24:31	06:32:32
M50	Sydsbogen Trond	2:04:22	4:30:07	06:34:29
M50	Fløtnes Tor-Åge	1:59:13	4:36:13	06:35:26
M50	Nilsén Oddbjørn	1:50:54	4:46:16	06:37:10
M50	Eriksen Ove-Egil	2:00:38	4:38:09	06:38:47
M50	Bjølseth Anders Næstad	2:14:59	4:25:25	06:40:24
M50	Riise Webjørn	1:55:46	4:46:43	06:42:29
M50	Sveum Bjørn	2:25:19	4:18:26	06:43:45
M50	Fatnes Svein Erik	2:05:05	4:43:23	06:48:28
M50	Engelien Tore	1:54:01	4:55:10	06:49:11
M50	Haakonsen Åge	1:57:45	4:56:10	06:53:55
M50	Lange Stein De	2:05:43	4:48:58	06:54:41
M50	Folland Tore	1:51:13	5:11:09	07:02:22
M50	Pedersen Raymond	2:07:33	4:57:22	07:04:55
M50	Ramsdal Otto Svein	2:10:32	4:54:50	07:05:22
M50	Vågene Per Ståle	1:53:15	5:16:23	07:09:38

M50	Herlyng Bjørn Gaute	1:53:06	5:27:55	07:21:01
M50	Westad Stian	2:19:05	5:07:06	07:26:11
M50	Olimb Øystein	2:02:32	5:26:24	07:28:56
M50	Lisle Geir Olav	2:19:55	5:12:15	07:32:10
M50	Lybekk Egil	2:22:38	5:11:18	07:33:56
M50	Moen Rolf Endre	2:15:49	5:22:09	07:37:58
M50	Vaagan Trond	2:12:42	5:27:36	07:40:18
M50	Homble Viggo	2:31:24	5:09:44	07:41:08
M50	Johannessen Svenn-Erik	2:11:13	5:31:39	07:42:52
M50	Ødegård Arne	2:23:09	5:28:36	07:51:45
M50	Sjaavaag Jørn Viktor	2:16:13	5:38:42	07:54:55
M50	Aarskog Alf Helge	2:16:04	5:47:08	08:03:12
M50	Wathne Bernt	2:20:35	5:44:16	08:04:51
M50	Horgen Rune	2:09:21	5:59:57	08:09:18
M50	Skjenken Hans-Åge	2:23:31	5:49:10	08:12:41
M50	Retvedt Erik	2:28:40	5:55:00	08:23:40
M50	Gaaserud Trond Magne	2:41:20	5:44:33	08:25:53
M50	Ytterstad Atle	2:22:33	6:27:51	08:50:24
M50	Melby Glenn	2:30:14	6:32:02	09:02:16
M50	Bergersen Magne	2:37:16	6:25:03	09:02:19
M50	Tsesmetsis Dimitry	2:19:47	7:17:43	09:37:30
M50	Berg Per	2:47:01	7:17:17	10:04:18
M50	Jahr Tom Arne	2:59:29	7:17:17	10:16:46
M55	Berg Trond Olav	1:25:20	2:49:25	04:14:45
M55	Rypdal Magnor	1:25:55	3:02:51	04:28:46
M55	Kristiansen Espen	1:28:42	3:01:56	04:30:38
M55	Høiby Bjørn	1:32:04	3:07:55	04:39:59
M55	Landheim Erik	1:32:29	3:08:09	04:40:38
M55	Atterås Gunnar	1:38:17	3:09:34	04:47:51
M55	Strandlie Audun	1:29:51	3:18:09	04:48:00
M55	Ellefsen Vidar	1:27:43	3:20:44	04:48:27
M55	Dokk John Gunnar	1:36:51	3:15:00	04:51:51
M55	Hordnes Terje	1:24:42	3:27:32	04:52:14
M55	Grimstad Stein	1:40:14	3:16:35	04:56:49
M55	Bakken Rolf	1:37:59	3:24:12	05:02:11
M55	Lillesveen Hans	1:34:20	3:27:59	05:02:19
M55	Fagerheim Jan	1:30:47	3:35:17	05:06:04
M55	Angelsen Tore	1:39:37	3:27:01	05:06:38
M55	Bjølgerud Sverre Kristian	1:41:50	3:25:06	05:06:56
M55	Storbråten Jonny	1:44:46	3:23:48	05:08:34
M55	Jacobsen Stig	1:34:15	3:35:31	05:09:46
M55	Rørdam Jon	1:41:02	3:29:15	05:10:17
M55	Taug Jan	1:34:21	3:36:07	05:10:28
M55	Hattestad Hans Ivar	1:35:16	3:36:51	05:12:07
M55	Trøen Espen	1:40:17	3:33:36	05:13:53
M55	Samuelsen Ståle	1:47:44	3:28:48	05:16:32
M55	Nordskog Tor	1:53:19	3:23:32	05:16:51
M55	Halset Ivar	1:45:33	3:31:31	05:17:04
M55	Indsetviken Jan	1:40:05	3:37:04	05:17:09
M55	Silkoset Dag	1:37:01	3:40:37	05:17:38

M55	Kolstad Arne	1:44:52	3:34:53	05:19:45
M55	Sunde Arild	1:37:11	3:43:17	05:20:28
M55	Stuan Ivar	1:42:02	3:41:01	05:23:03
M55	Bakke Kåre Gunnar	1:38:44	3:46:08	05:24:52
M55	Anderssen Peer Christian	1:46:05	3:39:00	05:25:05
M55	Olsen Trond	1:39:24	3:47:24	05:26:48
M55	Messenlien Kjell	1:39:09	3:48:51	05:28:00
M55	Johnsrud Jan-Erik	1:43:25	3:45:22	05:28:47
M55	Johnson Torgeir	1:47:18	3:43:05	05:30:23
M55	Baumann Fredrik William	1:26:56	4:03:38	05:30:34
M55	Sorteberg Terje	1:53:29	3:38:50	05:32:19
M55	Bartnes Jo Kristian	1:43:51	3:48:40	05:32:31
M55	Lund Morten E	1:42:01	3:51:22	05:33:23
M55	Tallhaug Lars	1:42:42	3:53:25	05:36:07
M55	Skogli Per	1:52:37	3:43:49	05:36:26
M55	Helland Kjell Magnar	1:43:26	3:53:50	05:37:16
M55	Karsrud Øyvind	1:41:35	3:57:24	05:38:59
M55	Noremsaune Knut	1:47:35	3:52:05	05:39:40
M55	Remen Webjørn	1:47:13	3:55:24	05:42:37
M55	Svensbakken Roar	1:43:24	3:59:52	05:43:16
M55	Haaland Mikkel	1:38:00	4:06:21	05:44:21
M55	Trøen Haavard	1:48:28	3:56:18	05:44:46
M55	Michelsen Thorbjørn	1:55:48	3:49:19	05:45:07
M55	Skjerve Anders	1:44:49	4:00:52	05:45:41
M55	Johannessen Roy Arild	1:46:46	3:59:49	05:46:35
M55	Øverland Leif	1:48:10	4:01:02	05:49:12
M55	Bratberg Nils	1:46:22	4:04:20	05:50:42
M55	Buhaug Ole	1:48:20	4:02:42	05:51:02
M55	Solberg Terje	1:41:05	4:11:19	05:52:24
M55	Søbstad Reidar	1:45:55	4:08:15	05:54:10
M55	Nordmelan Kasper	1:42:52	4:11:26	05:54:18
M55	Elgshøen Ståle	1:49:18	4:05:04	05:54:22
M55	Juul Bjarne	1:44:49	4:10:19	05:55:08
M55	Strømsvåg Olav	2:00:13	3:55:51	05:56:04
M55	Noppi Jonny	1:55:46	4:02:51	05:58:37
M55	Mælum Halfdan T.	1:53:34	4:05:32	05:59:06
M55	Dybdahl Cato	1:49:12	4:10:19	05:59:31
M55	Engen Bjørn	1:51:20	4:10:21	06:01:41
M55	Stulen Morten Erik	1:43:04	4:19:02	06:02:06
M55	Fjelldal Hans-Aksel	1:43:17	4:19:24	06:02:41
M55	Andresen Tore M.	1:45:20	4:18:39	06:03:59
M55	Aaslid Trond	2:08:48	3:59:01	06:07:49
M55	Netland Per Inge	2:01:32	4:06:17	06:07:49
M55	Ødegård Geir	1:47:39	4:20:12	06:07:51
M55	Monsen Frode	1:46:54	4:23:01	06:09:55
M55	Scharning Tom	1:52:12	4:19:43	06:11:55
M55	Toven Kåre	1:40:18	4:35:48	06:16:06
M55	Sørensen Harald	2:03:04	4:14:49	06:17:53
M55	Hjorth Frode	1:49:28	4:29:20	06:18:48
M55	Torvildsen Per Morten	1:56:37	4:23:05	06:19:42

M55	Olsen Pål Gerhard	1:41:46	4:40:49	06:22:35
M55	Hagerud Trond	1:57:47	4:25:11	06:22:58
M55	Stenmyren Nils-Einar	2:07:07	4:17:44	06:24:51
M55	Bunæs Tommy	1:55:37	4:38:16	06:33:53
M55	Lian Dag Johnny	1:53:18	4:41:51	06:35:09
M55	Bjerkestrand Jon	1:50:44	4:44:32	06:35:16
M55	Henriksen Odd-Arne	1:52:42	4:43:13	06:35:55
M55	Kvalsvik Guttorm	1:54:08	4:44:20	06:38:28
M55	Utby Stein Arild	2:00:43	4:39:53	06:40:36
M55	Sanna Ove	2:04:04	4:40:20	06:44:24
M55	Rusti Kjell	2:05:42	4:41:03	06:46:45
M55	Fredriksen Dag Alex	1:55:17	4:51:47	06:47:04
M55	Runde Tor Olav	2:01:13	4:47:16	06:48:29
M55	Saltnes Knut Rune	2:04:12	4:45:30	06:49:42
M55	Schive Hans Petter	2:02:48	4:47:50	06:50:38
M55	Rønning Ole Morten	2:19:08	4:32:19	06:51:27
M55	Grøttum Ketil	2:07:59	4:50:12	06:58:11
M55	Minde Nils Morten	2:13:19	4:53:27	07:06:46
M55	Leth-Olsen Svein	2:03:36	5:05:00	07:08:36
M55	Haugli Esben	2:06:11	5:06:13	07:12:24
M55	Berget Aksel	2:07:39	5:08:57	07:16:36
M55	Dyrvik Erik	2:05:58	5:12:59	07:18:57
M55	Oppegaard Martin	2:24:38	4:56:10	07:20:48
M55	Williksen Per Arne	1:58:11	5:24:51	07:23:02
M55	Skjenken Freddy	2:08:54	5:21:31	07:30:25
M55	Foss Reidar	2:22:04	5:09:08	07:31:12
M55	Rissmann Frode	2:13:27	5:17:55	07:31:22
M55	Eldegard Jan	2:14:36	5:24:59	07:39:35
M55	Andersen Jan Kjetil	1:51:46	5:53:24	07:45:10
M55	Sveum Werner	2:25:36	5:19:50	07:45:26
M55	Røyrvik Asbjørn	2:13:14	5:37:05	07:50:19
M55	Svensson Kåre	2:31:21	5:19:13	07:50:34
M55	Jarsve Trygve	2:01:25	5:58:36	08:00:01
M55	Carlsen Claus	2:24:27	5:35:40	08:00:07
M55	Bergsland Kjell	2:22:21	5:47:28	08:09:49
M55	Sporshheim Odd Rune	2:11:09	6:00:27	08:11:36
M55	Vadset Bjørn	2:08:06	6:07:06	08:15:12
M55	Bergseng Tom Egil	2:20:26	5:57:07	08:17:33
M55	Solberg Karl Gustav	2:26:52	5:54:02	08:20:54
M55	Høyland Stein	2:11:28	6:27:29	08:38:57
M55	Johansen Tor-Erling	1:43:50	7:06:35	08:50:25
M55	Hoel Ole Jacob	2:31:06	6:25:06	08:56:12
M55	Ramsdal Audun Normann	2:25:57	6:53:51	09:19:48
M55	Grønli Morten	2:42:01	7:08:17	09:50:18
M55	Hauan Hans Inge	2:47:39	7:06:35	09:54:14
M60	Løken Svein Roger	1:38:06	3:02:17	04:40:23
M60	Andersen Arnt Edvin	1:34:06	3:08:55	04:43:01
M60	Birkelund Vidar	1:31:53	3:17:15	04:49:08
M60	Bakken Jan Erik	1:38:25	3:14:48	04:53:13
M60	Hole Torstein	1:32:10	3:22:06	04:54:16

M60	Oppegaard Asbjørn	1:41:00	3:18:46	04:59:46
M60	Skogasel Erling	1:30:31	3:29:49	05:00:20
M60	Sandal Geir Asbjørn	1:36:01	3:29:13	05:05:14
M60	Eriksrud Vidar	1:43:16	3:22:20	05:05:36
M60	Kildahl Arne Jørgen	1:46:35	3:26:26	05:13:01
M60	Håkonsen Håvard	1:39:27	3:38:06	05:17:33
M60	Bjørdal Arild	1:40:49	3:39:17	05:20:06
M60	Kjøs Ole	1:45:57	3:34:22	05:20:19
M60	Skretteberg Arne	1:38:50	3:44:04	05:22:54
M60	Bjørnstad Aasmund	1:49:11	3:34:13	05:23:24
M60	Lystad Sven	1:48:41	3:35:36	05:24:17
M60	Brandvold Ivar	1:52:09	3:33:12	05:25:21
M60	Grøthe Sverre	1:43:34	3:42:19	05:25:53
M60	Ryen Øyvind	1:35:13	3:54:02	05:29:15
M60	Vilhelsen Alv Arne	1:47:46	3:42:21	05:30:07
M60	Hoggen Per Sigvald	1:46:16	3:44:37	05:30:53
M60	Leirdal Johannes	1:44:25	3:49:04	05:33:29
M60	Stokke Arild	1:46:09	3:54:04	05:40:13
M60	Johansen Jan-Ole	1:56:22	3:47:11	05:43:33
M60	Vasset Per Gunnar	1:46:38	3:58:46	05:45:24
M60	Nymoen Jan-Åge	1:49:13	3:57:00	05:46:13
M60	Klokset Bjørn	1:46:09	4:02:56	05:49:05
M60	Hoelsveen Ole Ivar	1:50:26	4:02:46	05:53:12
M60	Mollestad Egil	1:49:09	4:07:33	05:56:42
M60	Lund Rune T	1:51:32	4:08:23	05:59:55
M60	Hulbak Nils Erik	2:00:18	4:00:59	06:01:17
M60	Nerhoel Ivar	1:54:53	4:08:59	06:03:52
M60	Solheim Karsten	1:47:51	4:18:18	06:06:09
M60	Paulsen Arvid Inge	1:56:17	4:12:50	06:09:07
M60	Markseth Leif	1:47:33	4:21:44	06:09:17
M60	Sørлие Arnfinn	2:04:13	4:08:09	06:12:22
M60	Jakobsen Kai Robert	1:50:49	4:23:35	06:14:24
M60	Lien Geir	1:49:19	4:27:27	06:16:46
M60	Helsingeng Jon	1:57:55	4:20:39	06:18:34
M60	Ranhoff Frode	2:07:11	4:14:33	06:21:44
M60	Jørgensen Steinar	1:55:01	4:28:58	06:23:59
M60	Løkken Geir	2:12:14	4:12:48	06:25:02
M60	Almås Paul Håkon	1:50:50	4:39:21	06:30:11
M60	Madsstuen Odd Arne	2:02:59	4:34:53	06:37:52
M60	Sundsøy Kjell Ove	1:54:16	4:56:19	06:50:35
M60	Meinich Thomas	2:08:18	4:43:13	06:51:31
M60	Sjaastad Geir	2:12:54	4:42:55	06:55:49
M60	Driveklepp Erik	2:06:07	4:50:17	06:56:24
M60	Fjellvåg Helmer	2:07:36	4:51:05	06:58:41
M60	Larssen Ulf	1:52:15	5:12:24	07:04:39
M60	Olsen Henning	2:30:47	4:34:44	07:05:31
M60	Fjellvang Øyvind	2:10:45	4:55:11	07:05:56
M60	Senderud Torgal	2:06:36	5:12:11	07:18:47
M60	Hovden Jon	2:02:22	5:20:14	07:22:36
M60	Barfod Harald	1:57:46	5:25:06	07:22:52

M60	Svegården Thor	2:15:04	5:09:43	07:24:47
M60	Bredli Svein Erik	2:10:55	5:23:58	07:34:53
M60	Stølen Ketil	2:17:17	5:22:36	07:39:53
M60	Kirkeng Hans Olaf	2:03:52	5:46:09	07:50:01
M60	Johansen Karl Johan	2:28:12	5:26:09	07:54:21
M60	Fjeldstad Arne	2:03:50	5:54:48	07:58:38
M60	Fjære Kjell Arne	2:11:36	6:15:22	08:26:58
M60	Karlsen Knut	2:49:47	5:39:21	08:29:08
M60	Hop Arne	2:22:08	6:31:25	08:53:33
M60	Henriksen Kjell	2:32:20	6:25:27	08:57:47
M60	Eriksen Frank Roger	2:14:46	7:05:41	09:20:27
M60	Nordgård Bjørn	2:58:00	6:39:25	09:37:25
M60	Larsen Thor W	2:47:27	8:32:54	11:20:21
M65	Rudihagen Torstein	1:36:25	3:32:52	05:09:17
M65	Knai Olaf	1:48:03	3:27:42	05:15:45
M65	Lien Arne	1:43:08	3:35:59	05:19:07
M65	Wangensteen Andris	1:43:45	3:37:14	05:20:59
M65	Hofset Haldor	1:41:25	3:52:34	05:33:59
M65	Sørsdal Svein A.	1:40:47	3:53:18	05:34:05
M65	Kristiansen Morten	1:58:11	3:41:54	05:40:05
M65	Langlete Vebjørn	1:48:47	3:58:13	05:47:00
M65	Wiik Nils-Petter	1:50:27	3:57:32	05:47:59
M65	Jensen Svein Tore	1:59:47	3:51:12	05:50:59
M65	Antonsen Frank	1:53:35	3:57:40	05:51:15
M65	Bakke Bjørn	1:55:46	4:07:23	06:03:09
M65	Christiansen Tom Willy	1:50:11	4:13:01	06:03:12
M65	Fossen Sverre	2:00:04	4:05:52	06:05:56
M65	Hals Morten	1:57:45	4:24:42	06:22:27
M65	Hellerud Widar	2:00:24	4:24:39	06:25:03
M65	Mæland Øystein	2:13:07	4:33:49	06:46:56
M65	Hoel Magne	2:12:33	4:39:50	06:52:23
M65	Marum Petter	1:53:11	5:19:17	07:12:28
M65	Skårsmoen Joar	2:05:03	5:10:48	07:15:51
M65	Smaadahl Svein	2:16:49	5:07:18	07:24:07
M65	Gaarder Gustav	2:27:04	5:12:31	07:39:35
M65	Espeland Per Arne	2:43:39	6:28:11	09:11:50
M70	Strand Odd Arild	1:53:22	3:30:32	05:23:54
M70	Christensen Odd Arnt	1:50:45	3:38:37	05:29:22
M70	Tveiten Per Øyvind	1:43:57	3:50:04	05:34:01
M70	Skogen Olav	2:09:18	3:51:44	06:01:02
M70	Aspebakken Kjell	1:52:11	4:10:42	06:02:53
M70	Austgarden Harald	2:08:28	4:12:28	06:20:56
M70	Nordheim Steinar	2:06:05	4:20:52	06:26:57
M70	Holum Dag Håvard	2:07:43	4:30:20	06:38:03
M70	Roset Jan Steinar	2:25:49	4:35:51	07:01:40
M70	Bjørå Kristen	2:02:44	5:06:14	07:08:58
M70	Troøien Ingvar	3:15:21	4:30:36	07:45:57
M70	Rønning Arne	2:23:07	5:27:10	07:50:17
M70	Krogness Ole Andreas	2:38:23	5:25:55	08:04:18
M70	Dragøy Bjørnar	2:28:00	5:44:52	08:12:52

M70	Thomassen Bjørn	2:33:43	5:48:51	08:22:34
M70	Eidsheim Asbjørn	2:11:37	6:31:43	08:43:20
M70	Bjørndal Einar Terje	2:45:55	6:07:57	08:53:52
M70	Brørs Odd	4:20:11	6:18:24	10:38:35
M75	Aas-Jakobsen Knut	1:59:43	4:04:34	06:04:17
M75	Ludvigsen Åge	2:09:28	4:04:37	06:14:05
M75	Heyerdahl Oscar	2:05:12	4:41:54	06:47:06
M75	Wilmar Erik Dag	2:35:31	5:13:32	07:49:03
M75	Hvamstad Ivar	2:22:40	5:55:24	08:18:04
M80	Denstad Tor Finn	2:07:36	4:51:52	06:59:28
M80	Stoltenberg-Hansson Erik	2:26:01	5:33:49	07:59:50