

År	Navn	Tid
1998	Simen Haugen	01:15:02
1999	Erling Jevne	01:14:00
2000	Arne Post	01:15:29
2001	Knut Aalien	01:13:08
2002	Kristen K. Aaby	01:14:24
2003	Øystein Sylta	01:12:47
2004	Kristen K. Aaby	01:15:53
2005	Odd Snerthammer	01:15:31
2006	Ørjan Lunde	01:15:21
2007	Arne Post	01:22:18
2008	Andre Hammerø Løseth	01:22:43
2009	John Mnangat Sompol	01:09:57
2010	Hillary Kipchumba	01:09:18
2011	John Mnangat Sompol	01:14:05
2012	Weldu Negash Gebretsadik	01:10:10
2013	Weldu Negash Gebretsadik	01:05:26
2014	Weldu Negash Gebretsadik	01:05:51
2015	Weldu Negash Gebretsadik	01:07:08
2016	Weldu Negash Gebretsadik	01:05:49
2017	Senay Fissehatsion	01:08:29
2018	Weldu Negash Gebretsadik	01:05:15
2019	Weldu Negash Gebretsadik	01:07:53
2021	Senay Fissehatsion	01:10:49