

Example: For wave 5 time must be better than or equal to 03:41:59 from Birkebeinerrennet 2025.

Note: For Men and Women Elite an Active FIS code is mandatory

BIRKEN		07:45	08:00	08:20	08:25	08:30	08:35	08:45	08:50	08:55	09:00	09:10	09:15	09:20	09:25	09:35	09:40	09:45
	Year	ME	WE	W1	W2	W3	W4	W5	W6	W7	W8	W9	W10	W11	W12	W13	W14	W15
Birkebeinerrennet	2025	02:44:59	03:19:59	03:04:59	03:17:59	03:26:59	03:34:59	03:41:59	03:49:59	03:57:59	04:06:59	04:15:59	04:25:59	04:35:59	04:49:59	05:04:59	05:23:59	05:44:59
Birkebeinerrennet	2024	02:44:32	03:19:26	03:04:29	03:18:07	03:27:51	03:36:37	03:44:27	03:53:21	04:00:51	04:08:28	04:15:59	04:24:24	04:32:44	04:44:53	04:57:52	05:14:36	05:34:59
Birkebeinerrennet	2023	02:39:17	03:13:05	02:58:36	03:12:22	03:22:25	03:31:36	03:39:55	03:49:20	03:57:18	04:04:39	04:11:54	04:20:03	04:28:05	04:39:52	04:52:28	05:08:43	05:28:44
Birkebeinerrennet	2022	02:34:23	03:07:08	02:53:06	03:05:16	03:13:41	03:21:10	03:27:43	03:35:12	03:42:41	03:51:07	03:59:32	04:08:53	04:18:15	04:31:21	04:45:23	05:03:10	05:22:49
TurBirken ski	2025				03:17:59	03:26:59	03:34:59	03:41:59	03:49:59	03:57:59	04:06:59	04:15:59	04:25:59	04:35:59	04:49:59	05:04:59	05:23:59	05:44:59
TurBirken ski	2024						03:33:49	03:41:33	03:50:20	03:57:44	04:05:15	04:12:40	04:20:59	04:29:12	04:41:12	04:54:01	05:10:32	05:30:40
TurBirken ski	2022										03:27:13	03:33:46	03:40:14	03:47:29	03:54:38	04:05:06	04:16:16	04:30:40
SkøyteBirken	2025	02:23:39	02:54:08	02:41:04	02:52:21	03:00:08	03:07:02	03:13:05	03:19:59	03:25:38	03:32:08	03:38:33	03:45:44	03:52:51	04:03:13	04:14:19	04:28:36	04:46:00
Skøytebirken	2024			02:29:45	02:40:50	02:48:43	02:55:51	03:02:12	03:09:26	03:15:31	03:21:42	03:27:48	03:34:38	03:41:23	03:51:15	04:01:48	04:15:23	04:31:56
Skøytebirken	2023			02:45:22	02:57:35	03:06:18	03:14:10	03:21:12	03:29:10	03:35:54	03:42:43	03:49:27	03:57:00	04:04:28	04:15:22	04:27:00	04:42:00	05:00:16
Skøytebirken	2022			02:33:43	02:45:05	02:53:11	03:00:30	03:07:02	03:14:27	03:20:42	03:27:02	03:33:18	03:40:19	03:47:15	03:57:23	04:08:12	04:22:09	04:39:08
HalvBirken ski	2025				01:12:40	01:16:14	01:19:28	01:22:20	01:25:36	01:28:21	01:31:09	01:33:54	01:36:59	01:40:03	01:44:30	01:49:16	01:55:24	02:02:53
HalvBirken ski	2024			01:10:57	01:16:12	01:19:56	01:23:19	01:26:20	01:29:45	01:32:38	01:35:34	01:38:27	01:41:42	01:44:54	01:49:35	01:54:34	02:01:00	02:08:51
HalvBirken ski	2023				01:16:57	01:20:44	01:24:09	01:27:11	01:30:39	01:33:34	01:36:31	01:39:26	01:42:42	01:45:57	01:50:40	01:55:43	02:02:13	02:10:08
Budorrennet CT 42km	2025	01:47:38	02:10:29	02:00:41	02:10:16	02:17:21	02:23:53	02:29:52	02:36:37	02:41:41	02:45:57	02:50:07	02:54:52	02:59:30	03:14:13	03:24:12	03:37:26	07:33:47
Budorrennet CT 42km	2026																	
La Diagonela 55km	2025	01:44:42	02:06:55	01:57:23	02:07:29	02:15:16	02:22:37	02:29:32	02:37:20	02:41:56	02:44:37	02:47:12	02:50:19	02:53:19	02:58:40	03:04:25	03:12:21	03:24:49
La Diagonela 55km	2026																	
Dolomitenlauf CT 42km	2025	01:47:40	02:10:30	02:00:43	02:09:56	02:16:37	02:22:43	02:28:12	02:34:27	02:38:19	02:41:52	02:45:18	02:49:16	02:53:08	02:59:21	03:06:01	03:14:54	03:27:32
Dolomitenlauf CT 42km	2026																	
Trysil Knut Rennet CT 40km	2025	01:51:23	02:15:01	02:04:54	02:13:49	02:20:04	02:25:39	02:30:34	02:36:10	02:40:17	02:44:50	02:49:17	02:54:19	02:59:16	03:06:42	03:14:38	03:24:58	03:38:15
Trysil Knut Rennet CT 40km	2026																	
Vester-Gyllen CT 40km	2025	01:50:28	02:13:54	02:03:51	02:13:31	02:20:36	02:27:06	02:33:00	02:39:41	02:44:55	02:49:34	02:54:08	02:59:18	03:04:22	03:11:59	03:20:07	03:30:44	03:44:23
Vester-Gyllen CT 40km	2026																	

BIRKEN		07:45	08:00	08:20	08:25	08:30	08:35	08:45	08:50	08:55	09:00	09:10	09:15	09:20	09:25	09:35	09:40	09:45
	Year	ME	WE	W1	W2	W3	W4	W5	W6	W7	W8	W9	W10	W11	W12	W13	W14	W15
Valdresrennet CT 32,6 km	2025	01:40:33	02:01:53	01:52:45	01:58:54	02:02:30	02:05:25	02:07:41	02:10:27	02:12:17	02:16:24	02:20:28	02:25:01	02:29:31	02:36:07	02:43:10	02:52:16	03:03:26
Valdresrennet CT 32,6 km	2026																	
Holmenkollmarsjen CT 36 km	2025	01:32:17	01:51:52	01:43:29	01:51:00	01:56:18	02:01:03	02:05:16	02:10:04	02:14:17	02:18:44	02:23:09	02:28:05	02:32:59	02:40:02	02:47:34	02:57:14	03:08:44
Holmenkollmarsjen CT 36 km	2026																	
Finlandia Hiitho CT 62km	2025	02:52:09	03:28:40	03:13:01	03:25:14	03:33:11	03:40:00	03:45:42	03:52:21	03:57:35	04:05:11	04:12:42	04:21:08	04:29:27	04:41:34	04:54:32	05:11:11	05:31:21
Finlandia Hiitho CT 62km	2026																	
American Birkie CL 30km	2025	02:10:41	02:38:24	02:26:32	02:36:49	02:43:57	02:50:17	02:55:50	03:02:10	03:08:31	03:15:38	03:22:46	03:30:41	03:38:37	03:49:42	04:01:35	04:16:38	04:33:16
American Birkie Skate 30km	2025	01:54:01	02:18:12	02:07:50	02:17:26	02:24:19	02:30:34	02:36:10	02:42:32	02:45:52	02:49:04	02:52:08	02:55:46	02:59:17	03:05:14	03:11:36	03:20:15	03:33:14
American Birkie CT 53km	2026																	
American Birkie Skate 50km	2026																	
Vasaloppet CT 90 km	2025	03:41:38	04:28:39	04:08:30	04:31:03	04:48:53	05:06:01	05:22:23	05:40:55	05:58:34	06:10:25	06:22:09	06:35:16	06:48:15	07:07:01	07:27:05	07:52:49	08:23:27
Vasaloppet CT 90 km	2026																	
Engadin Skimarathon FT 42 km	2025	01:31:03	01:50:22	01:42:05	01:47:50	01:51:16	01:54:06	01:56:19	01:59:00	01:59:33	02:01:59	02:04:20	02:07:05	02:09:44	02:14:10	02:18:55	02:25:19	02:34:44
Engadin Skimarathon FT 42 km	2026																	
Valdres Skimaraton	2025	03:13:14	03:54:14	03:36:40	03:51:49	04:02:17	04:11:34	04:19:41	04:28:58	04:40:47	04:54:06	05:07:40	05:22:42	05:38:02	05:58:35	06:20:48	06:48:29	07:14:58
Marcialonga Bodø	2025	02:25:53	02:56:50	02:43:34	02:54:27	03:01:45	03:08:07	03:13:34	03:19:51	03:24:29	03:30:34	03:36:34	03:43:19	03:49:57	03:59:48	04:10:20	04:23:57	04:41:04
Flyktningerennet CT 44 km	2025	02:08:48	02:36:08	02:24:25	02:33:14	02:38:50	02:43:34	02:47:29	02:52:04	02:54:29	02:58:57	03:03:19	03:08:17	03:13:09	03:20:40	03:28:42	03:39:16	03:53:28
Reistadløpet CT 50 km	2025	02:36:50	03:10:06	02:55:50	03:07:25	03:15:08	03:21:51	03:27:34	03:34:10	03:38:52	03:45:15	03:51:31	03:58:35	04:05:32	04:15:55	04:26:59	04:41:22	04:59:36
Kobberløpet CT 43 km	2025	02:01:31	02:27:17	02:16:14	02:24:00	02:28:42	02:32:34	02:35:39	02:39:20	02:41:37	02:46:22	02:51:02	02:56:18	03:01:28	03:09:10	03:17:24	03:28:05	03:41:34
Fossavatn Ski Marathon CT 50 km	2025	02:19:01	02:48:30	02:35:52	02:44:39	02:49:56	02:54:16	02:57:41	03:01:49	03:08:43	03:18:56	03:29:29	03:41:12	03:53:18	04:09:15	04:26:37	04:48:09	05:06:49

